

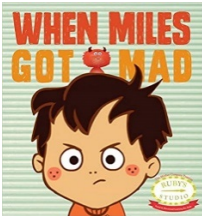
Table of Contents

Feelings	3
When Miles Gets Mad by Sam Kurtzman- Counter	3
I was so Mad by Mercer Mayer	3
Llama Llama Mad at Mama by Anna Dewdney	3
I am Stronger than Anger by Elizabeth Cole	3
The Way I Feel by Janan Cain	4
Glad Monster Sad Monster by Ed Emberly	4
The Quiet Book by Deborah Underwood	4
The Feelings Book by Todd Parr	4
Today I feel silly by Jamie Lee Curtis	5
Grumpy Bird by Jeremy Tankard	5
It's hard to be Five by Jamie Lee Curtis	5
In my heart by Jo Witek	5
The grouchy ladybug by Eric Carle	5
My Mouth is a Volcano by Julia Cook	6
What Should Danny Do? By Adam Levy	6
When Sophy Gets Angry, Really Really Angry by Molly Bang	6
I Hate Everything by Sue Graves	6
The Rabbit Listened by Cori Doerrfeld	7
Friendships	7
The Big Umbrella by Amy June Bates	7
Be Kind by Pat Zietlow Miller	7
The Giving Tree by Shel Silverstein	7
Stick and Stone by Beth Ferry	8
The Invisible Boy by Trudy Ludwig	8
Chrysanthemum by Kevin Henkes	8
Waiting is not Easy by Mo Williams	8
Yes We Can! by Sam McBratney	9
The Very Cranky Bear by Nick Blend	9
A Sick Day for Amos McGee by Philip C. Stead	9
Challenging Behaviors	9

Hands are not for Hitting/Biting/Kicking by Martine Agassi and Marieka Heinlen	9
No Biting! By Karen Katz	10
I Can Share! by Karen Katz	10
Self Esteem	10
The Dot by Peter Reynolds.....	10
I Like Myself by Karen Beaumont	10
Spoon by Amy Krause Rosenthal	11
A Color of His Own by Leo Lionni.....	11
Peanut Butter and Cupcake by Terry Border.....	11
Elmer by David McKee	11
Separation and Divorce	12
When my Parents Forgot to be Friends by Jennifer Moore-Mallinos	12
Two Homes by Claire Masurel	12
Easing the Transition to School	12
I am Too Absolutely Small for School by Lauren Child.....	12
The Things I Love About School by Trace Moroney.....	13
The Kissing Hand by Audrey Penn.....	13
Going to School by Anna Civardi.....	13
Maisy Goes to Preschool by Lucy Cousins	13

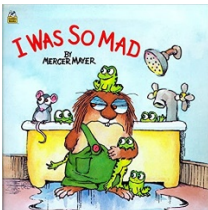
Feelings

When Miles Gets Mad by Sam Kurtzman- Counter



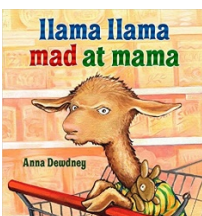
When his little brother breaks his favorite toy, MILES GETS MAD. As his anger swells, he suddenly catches sight of himself in the mirror - but instead of his own reflection, a furry red monster with big round eyes and funny teeth stares back at him. By encouraging Miles to use his words to express his anger, the Mad Monster helps Miles move through this big emotion to calm himself.

I was so Mad by Mercer Mayer



Mercer Mayer's very popular Little Critter stars in a picture book about feeling angry. With minimal text and funny illustrations to spell out every new situation, the book shows the Critter family saying no to everything Little Critter wants to do. He can't keep frogs in the tub. He can't help paint the house. Finally, mad at the world, Little Critter announces he will run away. When pals come by and ask him to come and play baseball, our young hero's mood quickly changes. He grabs his bat and heads off for the game, telling himself he can run away another day if he is still so mad.

Llama Llama Mad at Mama by Anna Dewdney



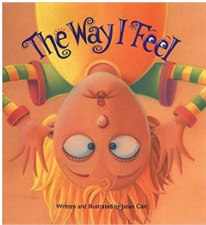
Does any child like to go shopping? Not Llama Llama! But Mama can't leave Llama at home, so off they go to Shop-O-Rama. Lots of aisles. Long lines. Mama is too busy to notice that Llama Llama is getting m-a-d! And before he knows it, he's having a full-out tantrum! Mama quickly calms him down, but she also realizes that they need to make shopping more fun for both of them.

I am Stronger than Anger by Elizabeth Cole



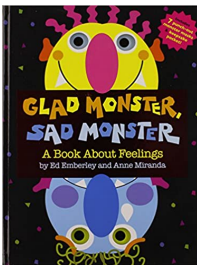
When children are angry, they can manifest their anger through bad behavior. They might shout, cry, throw things and roll on the floor or all of these things combine.

The Way I Feel by Janan Cain



Our most popular children's book, now with 1.2 million copies in print. Praised by parents, who say it's especially valuable when getting children to talk about the day's triumphs and troubles, and by professionals, who use it in pediatric clinics and with the developmentally disabled and emotionally troubled. Janan Cain's kids ooze anger and bounce with excitement as they teach the words for emotions. This award-winning, full-color book comes in two editions.

Glad Monster Sad Monster by Ed Emberly



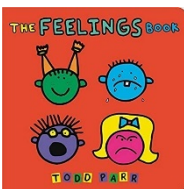
Glad, sad, silly, mad - monsters have all kinds of different feelings! In this innovative die-cut book, featuring a snazzy foil cover, you'll try on funny masks as you walk through the wide range of moods all little monsters (and kids!) experience.

The Quiet Book by Deborah Underwood



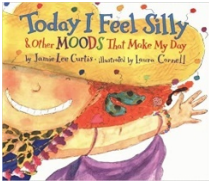
All quiet is not created equal. In this irresistibly charming picture book, many different quiet moments are captured, from the anticipation-heavy 'Top of the roller coaster quiet' to the shocked-into-silence 'First look at your new hairstyle quiet.' The impossibly sweet bears, rabbits, fish, birds, and iguanas are all rendered in soft pencils and colored digitally, and, as in all of the best picture books, the illustrations propel the story far beyond the words.

The Feelings Book by Todd Parr



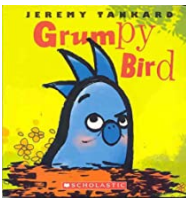
The Feelings Book vibrantly illustrates the wide range of moods we all experience. Kids and adults will appreciate Todd Parr's quirky intelligence as he pays special attention to the ever-changing, sometimes nonsensical emotions that we all feel. Targeted to young children first beginning to read, this book will inspire kids to discuss their multitude of feelings in a kid-friendly, accessible format, told through Parr's trademark bold, bright colors and silly scenes.

Today I feel silly by Jamie Lee Curtis



Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and even have fun with their ever-changing moods. Silly, cranky, excited, or sad—everyone has moods that can change each day. And that's okay! Follow the boisterous, bouncing protagonist as she explores her moods and how they change from day to day.

Grumpy Bird by Jeremy Tankard



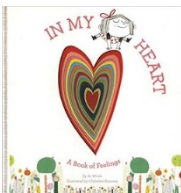
Bird wakes up grumpy. Too grumpy to eat, play—or even fly. "Looks like I'm walking today," says Bird grumpily. All of this grumpy walking piques the interest of his friends and soon Sheep, Rabbit, Raccoon, Beaver, and Fox are walking alongside him. Somewhere along the way Bird realizes that his friends are still there, but his mood is gone, proving that sometimes grumpy needs company!

It's hard to be Five by Jamie Lee Curtis



This is a story of self-control and learning to do your best every day! Learning not to hit? Having to wait your turn? Sitting still? It's hard to be five! But Jamie Lee Curtis's encouraging text and Laura Cornell's playful illustrations make the struggles of self-control a little bit easier and a lot more fun. Kids will laugh in recognition of siblings, classmates, and friends—and maybe even themselves.

In my heart by Jo Witek



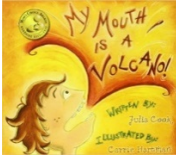
Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings! Some make us feel as light as a balloon, others as heavy as an elephant. *In My Heart* explores a full range of emotions, describing how they feel physically, inside, with language that is lyrical but also direct to empower readers to practice articulating and identifying their own emotions.

The grouchy ladybug by Eric Carle



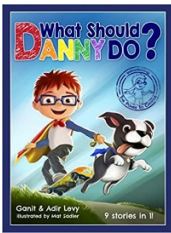
As children follow the Grouchy Ladybug on her journey, they will learn the important concepts of time, size, and shape, as well as the benefits of friendship and good manners.

My Mouth is a Volcano by Julia Cook



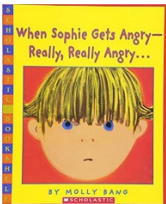
All of Louis' thoughts are very important to him. In fact, his thoughts are so important to him that when he has something to say, his words begin to wiggle, and then they do the jiggle, then his tongue pushes all of his important words up against his teeth and he erupts, or interrupts others. His mouth is a volcano! My Mouth is a Volcano takes an empathetic approach to the habit of interrupting and teaches children a witty technique to capture their rambunctious thoughts and words for expression at an appropriate time. Told from Louis' perspective, this story provides parents, teachers, and counselors with an entertaining way to teach children the value of respecting others by listening and waiting for their turn to speak.

What Should Danny Do? By Adam Levy



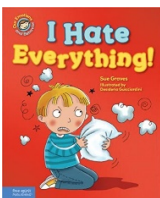
9 Stories in 1! What Should Danny Do? is an innovative, interactive book that empowers kids with the understanding that their choices will shape their days, and ultimately their lives into what they will be. Written in a "Choose Your Own Story" style, the book follows Danny, a Superhero-in-Training, through his day as he encounters choices that kids face on a daily basis. As your children navigate through the different story lines, they will begin to realize that their choices for Danny shaped his day into what it became. And in turn, their choices for themselves will shape their days, and ultimately their lives, into what they will be.

When Sophie Gets Angry, Really Really Angry by Molly Bang



Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott-honor book, kids will see what Sophie does when she gets angry. What do you do?

I Hate Everything by Sue Graves



A book about feeling angry. It's hard for children to accept not getting their way. Sam hates when his brother cries, or his dad is too busy to play. When he loses his place in Musical Chairs," Sam cries, "I hate everything!" With the help of his aunt, Sam learns new ways to deal with his anger and feel better.

The Rabbit Listened by Cori Doerrfeld



When something sad happens, Taylor doesn't know where to turn. All the animals are sure they have the answer. The chicken wants to talk it out, but Taylor doesn't feel like chatting. The bear thinks Taylor should get angry, but that's not quite right either. One by one, the animals try to tell Taylor how to act, and one by one they fail to offer comfort. Then the rabbit arrives. All the rabbit does is listen . . . which is just what Taylor needs.

Friendships

The Big Umbrella by Amy June Bates



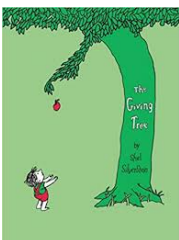
By the door there is an umbrella. It is big. It is so big that when it starts to rain there is room for everyone underneath. It doesn't matter if you are tall. Or plaid. Or hairy. It doesn't matter how many legs you have. Don't worry that there won't be enough room under the umbrella. Because there will always be room.

Be Kind by Pat Zietlow Miller



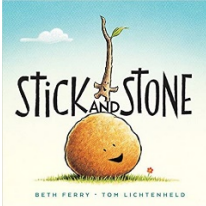
When Tanisha spills grape juice all over her new dress, her classmate wants to make her feel better, wondering: *What does it mean to be kind?* From asking the new girl to play to standing up for someone being bullied, this moving story explores what kindness is, and how any act, big or small, can make a difference—or at least help a friend.

The Giving Tree by Shel Silverstein



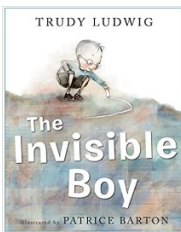
Since it was first published fifty years ago, Shel Silverstein's poignant picture book for readers of all ages has offered a touching interpretation of the gift of giving and a serene acceptance of another's capacity to love in return.

Stick and Stone by Beth Ferry



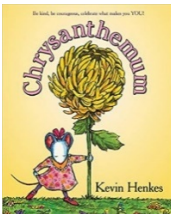
When Stick rescues Stone from a prickly situation with a Pinecone, the pair becomes fast friends. But when Stick gets stuck, can Stone return the favor?

The Invisible Boy by Trudy Ludwig



Meet Brian, the invisible boy. Nobody ever seems to notice him or think to include him in their group, game, or birthday party . . . until, that is, a new kid comes to class. When Justin, the new boy, arrives, Brian is the first to make him feel welcome. And when Brian and Justin team up to work on a class project together, Brian finds a way to shine.

Chrysanthemum by Kevin Henkes



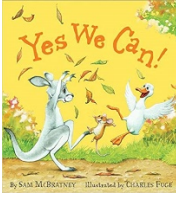
Chrysanthemum thinks her name is absolutely perfect—until her first day of school. "You're named after a flower!" teases Victoria. "Let's smell her," says Jo. Chrysanthemum wilts. What will it take to make her blossom again?

Waiting is not Easy by Mo Williams



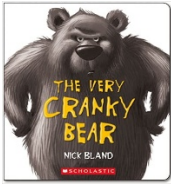
In *Waiting Is Not Easy!* Piggie has a surprise for Gerald, but he is going to have to wait for it. And wait. And wait some more...

Yes We Can! by Sam McBratney



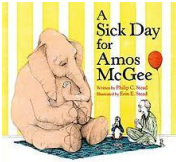
A story about teamwork and helping your friends.

The Very Cranky Bear by Nick Bland



When four friends encounter a cranky bear, they decide they must cheer him up. Moose, Lion and Zebra's outrageous ideas all backfire, which leaves it up to poor, plain Sheep to deal with this beast, who just wants a quiet place to sleep. Whatever will she do? This rhyming story with hilarious illustrations is guaranteed to entertain its readers and its listeners!

A Sick Day for Amos McGee by Philip C. Stead



Friends come in all sorts of shapes and sizes. In Amos McGee's case, all sorts of species, too! Every day he spends a little bit of time with each of his friends at the zoo, running races with the tortoise, keeping the shy penguin company, and even reading bedtime stories to the owl. But when Amos is too sick to make it to the zoo, his animal friends decide it's time they returned the favor.

Challenging Behaviors

Hands are not for Hitting/Biting/Kicking by Martine Agassi and Marieka Heinlen



(3 Books) In these bright, inviting, durable board books, simple words and full-color illustrations teach these important concepts in ways even very young children can understand.

No Biting! By Karen Katz



Can you bite your mom? No! What can you bite? An apple!

I Can Share! by Karen Katz



You can't have my bike! But maybe I'll let you take it for a ride! Learning to share is one of the harder social rules for little ones to follow, but with this sweet book, it will be a little easier.

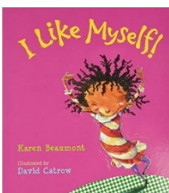
Self Esteem

The Dot by Peter Reynolds



Art class is over, but Vashti is sitting glued to her chair in front of a blank piece of paper. The words of her teacher are a gentle invitation to express herself. But Vashti can't draw - she's no artist. To prove her point, Vashti jabs at a blank sheet of paper to make an unremarkable and angry mark. "There!" she says. That one little dot marks the beginning of Vashti's journey of surprise and self-discovery. That special moment is the core of Peter H. Reynolds's delicate fable about the creative spirit in all of us.

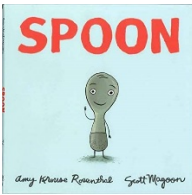
I Like Myself by Karen Beaumont



An exuberant ode to self-esteem that celebrates the joy of liking who you are!

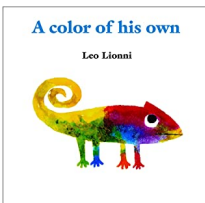
High on energy and imagination, this ode to self-esteem encourages kids to appreciate everything about themselves-inside and out. Messy hair? Beaver breath? So what! Here's a little girl who knows what really matters.

Spoon by Amy Krause Rosenthal



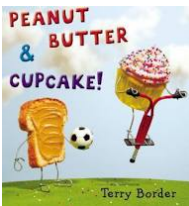
He's always been a happy little utensil. But lately, he feels like life as a spoon just isn't cutting it. He thinks Fork, Knife, and The Chopsticks all have it so much better than him. But do they? And what do *they* think about Spoon? A book for all ages, *Spoon* serves as a gentle reminder to celebrate what makes us each special.

A Color of His Own by Leo Lionni



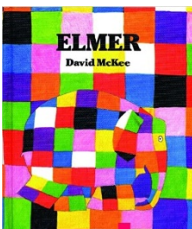
Elephants are gray. Pigs are pink. Only the chameleon has no color of his own. He is purple like the heather, yellow like a lemon, even black and orange striped like a tiger! Then one day a chameleon has an idea to remain one color forever by staying on the greenest leaf he can find. But in the autumn, the leaf changes from green to yellow to red . . . and so does the chameleon. When another chameleon suggests they travel together, he learns that companionship is more important than having a color of his own.

Peanut Butter and Cupcake by Terry Border



In a story that pairs silliness with poignancy, and friendship with anthropomorphic food, Terry Border, the photography mastermind behind the Bent Objects project, makes a triumphant entrance into the children's book world. Complete with a rhyming refrain, this is sure to be a favorite family read-aloud-- and laugh-aloud.

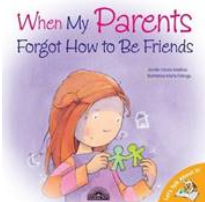
Elmer by David McKee



Elmer the elephant is bright-colored patchwork all over. No wonder the other elephants laugh at him! If he were ordinary elephant color, the others might stop laughing. That would make Elmer feel better, wouldn't it? The surprising conclusion of David McKee's comical fable is a celebration of individuality and the power of laughter. Elmer the elephant, a colorful character because of his patchwork hide and sense of humor, tries to blend in with the herd, but soon realizes that he's happiest just being himself.

Separation and Divorce

When my Parents Forgot to be Friends by Jennifer Moore-Mallinos



Young children become confused and hurt when their parents constantly argue, then decide to divorce. This sensitively written book assures boys and girls that children are in no way responsible for their parents' inability to get along together. It lets kids know that although one parent chooses to move away from the home, both parents continue to love their little boy or girl.

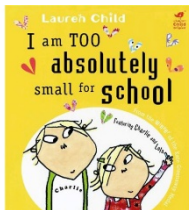
Two Homes by Claire Masurel



At Mommy's house, Alex has a soft chair. At Daddy's house, Alex has a rocking chair. In each home, Alex also has a special bedroom and lots of friends to play with. But whether Alex is with Mommy or with Daddy, one thing always stays the same - Alex is loved. The gently reassuring text focuses on what is gained rather than what is lost when parents divorce.

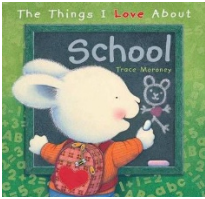
Easing the Transition to School

I am Too Absolutely Small for School by Lauren Child



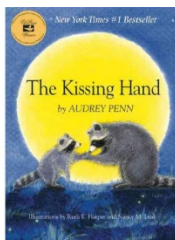
We are long time Charlie and Lola fans. With Lola (or rather her imaginary friend, Soren Lorensen) feeling nervous about starting school – after all, why does one even need to know how to count to 100 when one never eats more than 10 biscuits at a time? – Charlie does his best to reassure her that it will be lots of fun and she will make friends. And on her very first day she does indeed make a very special friend.

The Things I Love About School by Trace Moroney



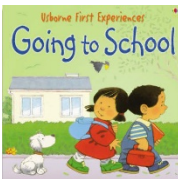
We have quite a collection of books by Trace Moroney, both from her “The Things I Love About” series and her feelings series. In The Things I Love About School, Trace focuses on the interesting aspects of being at school including learning lots of new things and trying new things, as well as playing and making new friends. I love that it ends, “I wonder what I will learn tomorrow. I love school!”

The Kissing Hand by Audrey Penn



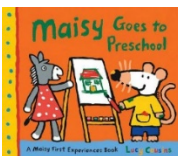
This is definitely my favourite of our starting school stories. Chester Racocon is sad about starting school, worried that he will miss his Mummy and his toys and all of the things he loves to do at home. His mother reassures him that he will love school once he starts and it is not so strange and scary anymore, and then she shares a secret with him – the secret of The Kissing Hand. I think this book is just as much for those mamas who are worried about being sad at missing their child as it is for the little ones.

Going to School by Anna Civardi



Percy and Polly Peach are starting school and we get to spend the first day with them. A simple story, this book walks children through many of the experiences they will enjoy in a play-based, first year’s program – with the story taking us right from the time the twins are getting up and getting dressed, to meeting the teacher and having Mum stay for a little while, with lots of play, making things, music and story time before Mum and Dad come back to collect them again.

Maisy Goes to Preschool by Lucy Cousins



Another familiar and well-loved character in our house, Maisy starts preschool with Tallulah, Dotty and Cyril. This book also includes many of the features that will be part of Immy’s routine at kindy – everything from playing inside and out, sharing snack time together, using the bathroom and having a rest time.