

Child Development Dayhomes NEWS

THE MONTHLY PUBLICATION HIGHLIGHTING INFORMATION FOR DAYHOME EDUCATORS AND PARENTS



January 2024

Educator Workshops

▶ **How to Feed and Educate Children to Create a Positive Relationship with Food**

Date: Thursday, January 11, 2024

Time: 6:30pm - 8:00pm

Location: Online via Zoom

Cost: \$50 per person - Approved for PD Funding and 1.5 hours of "release time". The agency will pay the cost and collect the PD Funding. Please check to see if you have PD Funding available for the year. Please register in advance using the link below. After registering, you will receive a confirmation email containing information about joining the meeting. Register [here](#).

▶ **Income Tax Workshop for Educators**

Date: Wednesday, January 17, 2024

Time: 6:30pm - 8:30pm

Location: Online via Zoom

Please RSVP to your consultant.



Parent Workshop

▶ **Your Picky Eater Action Plan**

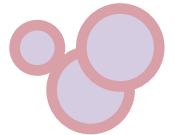
Date: Monday, January 15, 2024

Time: 7:00pm

Cost: Free

Register [here](#).

You don't have to make separate meals to get your child to eat. Join Jennifer House, RD to learn a few simple tweaks.



Welcome New Educators!



Xiaolin (Lin) Xu

Sajida Shahzadi



Upcoming Statutory Holidays

New Years Day: January 1, 2024

Family Day: February 19, 2024



Attendance Records Due:

Friday, January 19 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Parent Feedback Survey on CDDH Website

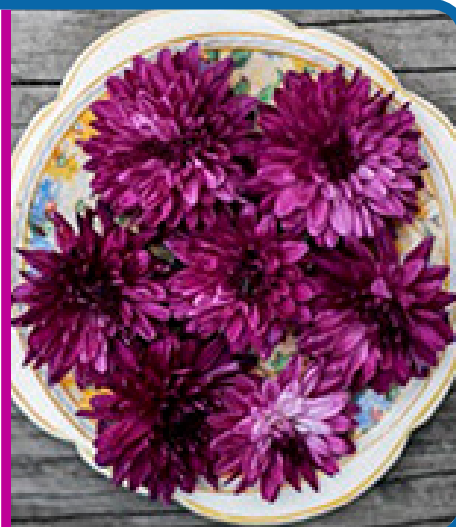
Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of January

Sabra Tirmizi	15 years	Maria Victoria Soria	5 years
Teresita Macugay	14 years	Ameera Arsalan	4 years
Roopali Bali	12 years	Huma Ijaz	4 years
Mahira Zeeshan	10 years	Kathy McCallum	2 years
Mahbuba Sultani	10 years	Corrine Gates	2 years
Ruchika Sharma	9 years	Maya Shmait	2 years
Jennifer Lopez	8 years	Breezy Divino	1 year
Nasim Butt	8 years	Mandy Tsvikovski	1 year
Khushbir Dheer	5 years		



Recipe Ideas

▶ Shepard's Pie

This shepherd's pie is great for kids. It's low-salt, packed with veggies and lentils and is also topped with a smooth and creamy mashed potato that kids love!

Recipe Link: <https://www.kidspot.com.au/kitchen/recipes/shepherds-pie-crunchy-topping-recipe/as627myf>



▶ Chicken Tenders (lemon, garlic, parmesan)

Crispy baked chicken tenders soaked in lemon garlic flavours, coated in a golden parmesan panko crumb, creates an addictive crunch! No flour needed.

Recipe Link: <https://cafedelites.com/crispy-chicken-tenders/>



Community Events

Flying Canoe Volant Festival

Date: January 31 - February 3, 2024

Locations: La Cité Francophone, École Rutherford School and Millcreek Ravine

Website: <https://www.flyingcanoevolant.ca/>



Deep Freeze: A Byzantine Wonder Festival

Date: January 20-21, 2024

Location: 90-95 St & 118 Ave, Edmonton

Website: <https://www.deepfreezefest.ca/>



Chiseled Edmonton International Ice Carving Competition

Date: January 18-20, 2024

Location: ICE District

Website: <https://iceonwhyte.ca/>



Family Kitchen, Strong Families Style: Let's Meal Prep

Date: January 20, 2024

Time: 9:30am - 12:00pm

Location: Family Connection Centre

Address: 5600 50 St, Stony Plain

[Website and Registration](#)

Bring your children aged 5+ and make 3 meals together to take home. We will discuss budgeting and meal planning. We will also have tips for picky eaters. Childcare is available for children ages 0-5 years old. Free.

Activity Idea

▶ Winter in the Woods Invitation to Play

Source: <https://www.thingstoshareandremember.com/invitation-to-play-small-world-play/>

The idea of an invitation to play is to set up materials in an inviting way for the child to explore on their own.

Items:

- | | |
|---------------------------------|-------------------------|
| -Felt fabric base | -Poly-Fil for snow |
| -Acrylic Mirror | -Small pine cones |
| -Basket of sticks | -Small pine tree |
| -Cotton balls | -Pine garland |
| -Plastic animals | -Snowflake ornaments |
| -Bowl of large blue glass beads | -Wood loon napkin rings |



Activity Ideas

► Your Child Can Paint Like Michelangelo

When Michelangelo painted the Sistine Chapel, he stood on wooden scaffolding and painted above his head on the ceiling for FOUR YEARS! Can you imagine? What if your child could do that too? Well, in a way, you can replicate this activity at home! Invite your child to paint on a paper or canvas secured to the underside of a table, above their head, similarly to Michelangelo. It's all about the process!



► 7 Easy Outdoor Winter Activities for Toddlers

1. Snow Shoveling – the best winter activity for toddlers!
2. Go for a sled ride
3. Build a snowman
4. Snow Paint and Painting on Snow
5. Build a Fort, Maze, or Obstacle Course
6. Be a Winter Wildlife Detective
7. Have a Winter Time Tea Party



Source: <https://www.takethemoutside.com/outdoor-winter-activities-for-toddlers/>



Learning Story: School Bus



By Veberlyn Buendia, Dayhome Program Educator

The children got into one of the recent borrowed books from the library called "It's A Field Trip, Busy Bus" by Jody Jesse Jaffer. Also, they love to sing and dance to the song "The Wheels On The Bus".

"Teacher, we need a school bus!" screamed Alliyah.

I told her to wait a second because I just remembered a recent big purchase that came in a huge box, and so, I decided to bring it in so children can be creative with it.

Alliyah and Naia grabbed two paint-mixing sticks and tapped them on the one side of the box.

"What are the sticks for?" I asked.

"Wipers!" they announced.

"We need lights, Naia!" Alliyah informed Naia.

"Oh! wait! "Naia went and found two jar lids to represent the light.

They asked me to tape them on the box as well. The rest of the children joined and got in the box and they walked slowly while singing the words in the song.

I'd like to talk about the special characteristic of a school bus and why it plays an important purpose to children.

Goal: Play And Playfulness

Facet: Playful Exploration And Problem Solving

Children learned to employ creative approaches to identifying and working out practical problems. They chose from a range of materials available at the dayhome to create something new.

