

Child Development Dayhomes NEWS

THE MONTHLY PUBLICATION HIGHLIGHTING INFORMATION FOR DAYHOME EDUCATORS AND PARENTS



November 2023

Community of Learners for Educators

Date: Monday, November 13, 2023

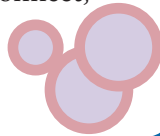
Time: 6:30pm - 8:00pm

RSVP to jennifer@childdev.com

Zoom [Link](#)

What is a Community of Learners?

A Community of Learners or a Community of Practice (CoP) is a group of people who “share a passion for something they do and learn how to do it better as they interact regularly over time” (Etienne Wenger). The idea behind our Community of Learners is that through sharing experiences and knowledge with others, we engage in rich conversations, learn from different perspectives, and explore new possibilities and ways of doing something. This is a space to connect, inspire, and reflect together.



Follow us on Social Media



Upcoming Statutory Holidays

Christmas Day: December 25, 2023

Boxing Day: December 26, 2023

New Years Day: January 1, 2024



Welcome New Educators!

Neha Kumar

Michelle Taylor

Nominate an inspirational educator for a 2024 Prime Minister's Award for Excellence in Early Childhood Education! Click [here](#).

Attendance Records Due:

Monday, November 20 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Parent Feedback Survey on CDDH Website

Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of November

Sadia Parveen	12 years	Laura Hernandez Leija	3 years
Genet Tekleab	8 years	Dona Sandhu	2 years
Sofia Khatib	8 years	Samia Ahmad	2 years
Mamta Pabby	6 years	Makaila Lorenz	1 year
Carol Lai	3 years	Veberlyn Buendia	1 year
Umang Sookarah	3 years		



Snack Idea

▶ Roasted Turkey and Basil Cream Cheese Pinwheel Sandwiches

Ingredients:

- 1 large head romaine lettuce
- 4oz whipped cream cheese
- 1 cup baby spinach leaves, loosely packed
- 8 large fresh basil leaves
- Kosher salt and fresh ground black pepper
- Four 10in flour tortillas
- 8 slices oven-roasted deli turkey (about 8 oz)
- 1 whole roasted pepper from a jar, sliced into 1/4 in strips (about 1/2 cup)
- 1 cup shredded carrots

[Recipe Directions](#)



Brain Story Theory-to-Practice

Sessions include: Introduction & Brain Architecture, Serve and Return & Temperament, Executive Function, Stress & Ways to Cope, and Resilience, Relationships & Play.

There is separate release time funding for the theory to practice sessions that comes directly from AECEA. More [info](#).

Community Events

▶ Sing, Sign, Laugh, & Learn with Edmonton Public Library

Date: Ongoing various dates. Visit the EPL website for more information.

Location and Cost: Online and Free!

Website: <https://www.familyfuncanada.com/edmonton/sing-sign-laugh-learn-online/>



▶ AGA All Day Sundays

Date and Time: One Sunday per month, 12:00pm - 4:00pm

Location: Art Gallery of Alberta (2 Sir Winston Churchill Square)

Website: <https://www.youraga.ca/events-features/calendar/all-day-sunday-wapakwaniwin>

▶ Family Films at the Whitemud Crossing Library

Date and Time: Weekly on Sundays, 2:00pm - 4:00pm

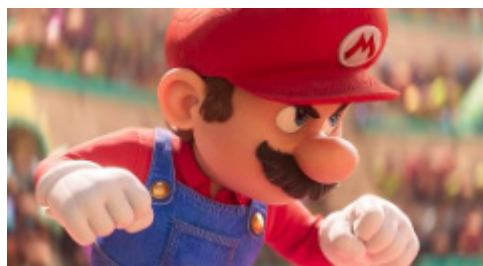
Location: Edmonton Public Library (145 Whitemud Crossing Shopping Centre, 4211 106 St)

November 5, 2023 | The Super Mario Bros. Movie

November 12, 2023 | Dr Seuss' Horton Hears a Who!

November 19, 2023 | The Princess Bride

November 26, 2023 | How to Train Your Dragon 2



▶ Hanging with my Superdad

Date and Time: Friday, November 10 and 24, 2023, 6:00pm - 8:00pm

Location: 5600 50 St, Stony Plain

Website: <https://www.eventbrite.ca/e/hanging-with-my-super-dad-tickets-703395604187>

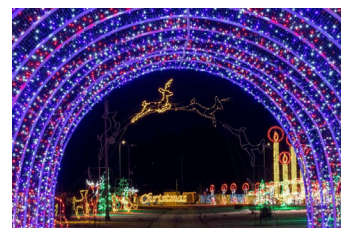
▶ Borealis Lights (Christmas Light Drive-Thru Displays)

Date: November 17, 2023 To January 7, 2024

Location: St. Albert Kinsmen RV Park, 47 Riel Dr., St. Albert

Price: \$27 - \$45

Website: <https://www.borealislights.ca/>



Remembrance Day Invitation to Play

Each year, we honour those who fought for Canada in the First World War (1914-1918), the Second World War (1939-1945), and the Korean war (1950-1953), as well as those who have served since then. More than 1,500,000 Canadians have served our country in this way, and more than 100,000 have died. They gave their lives and their futures so that we could live in peace. Retrieved from <https://info.scholarschoice.ca/blog/remembrance-day-activities-for-every-grade>

Instead of doing a poppy craft with children, consider setting up an invitation to play with books, loose parts, and materials for children to explore while learning about Remembrance Day.



What to do with your Pumpkin after Halloween

1) Use a painted or uncarved pumpkin to cook with

Pumpkin is such a versatile veggie, so a great way to use that leftover Halloween pumpkin is to cook or bake with it! You can roast the seeds or make pumpkin puree to use in baking or cooking. If your pumpkin is uncarved, simply scoop out the insides and give it a good wash. If it's painted, you may want to give it a light sanding or peel the skin to remove any paint that might be flaking off. Once it's clean, slice it up and roast it in the oven with some olive oil, salt, and pepper.

You can also use fresh pumpkin puree in all sorts of recipes. Once roasted, puree it in a blender or food processor, and use it in place of canned pumpkin in any recipe. We love to make pumpkin pancakes, muffins, pies, and even pasta with our leftover pumpkins! Most carving pumpkins are not your most flavorful option (red kuri squash and sugar pumpkins often offer better flavor and texture) but they are edible and it's a great way to reduce pumpkin waste!

2) Turn uncarved pumpkins into a floral centerpiece

Uncarved pumpkins make beautiful and unique floral centerpieces for your Thanksgiving table or just as a nice decoration for fall. Simply cut the top off of the pumpkin and scoop out the insides. Then arrange your favorite fall flowers inside. We love using mums, dahlias, and sunflowers in our pumpkin centerpieces.

If you want your arrangement to last longer, you can also use a carved pumpkin as a vase. Just add a few inches of water to the bottom of the pumpkin and arrange your flowers as usual.

And if you really want to get fancy, you can even carve a design into the side of your pumpkin vase to hold the stems of your flowers in place. We've seen people carve everything from geometric shapes to flower designs into their pumpkins. It's a fun way to make your arrangement even more unique.



3) Add leftover Halloween pumpkins to your compost pile

Pumpkins are a great addition to your compost pile. They're rich in nutrients that will help to break down other organic matter in your compost and add some much-needed nutrients to your garden soil. Simply add your pumpkin scraps (including the seeds if you don't roast them) to your compost pile and let nature do its thing. Just be sure to chop them up into small pieces before adding them to your pile.

4) Turn your carved pumpkin into an eco-friendly birdfeeder

If you carved a design into your pumpkin, you can turn it into an eco-friendly birdfeeder! Just add a few holes to the base of your pumpkin and thread some twine through them. Then tie the twine to a tree branch or other structure and voila – instant birdfeeder. You can fill your pumpkin with birdseed, fruit, or other food scraps, like stale bread. Just be sure to empty it out and clean it out regularly to prevent mold and bacteria from building up.

This is a super fun activity to do with your kids as well. Not only does it help them learn how to get innovative and reuse materials, but it also helps them develop problem-solving skills. And as an added bonus, they'll love watching the birds come to eat from their very own pumpkin birdfeeder.

5) Take your leftover Halloween pumpkin to a local farm to feed animals

Source: <https://kidfoodexplorers.com/what-to-do-with-leftover-halloween-pumpkin/>



Learning Story: Colours



By Uzma Tariq, Dayhome Program Educator

Yesterday the kids were showing interest in sorting out the colours when they were playing with letters. In this simple activity, they practiced learning the letters and colours all together. Also, they displayed good teamwork while working on this activity.

Zohar and Shay started this play and then Imaad decided to join them. It is very noticeable now that Imaad takes interest in playing with other kids. This is how he is developing his social skills.



By recognizing their interest in colours, I extended it to painting. We decided to make orange pumpkins but didn't have orange paint. We mixed red and yellow to make orange. It was a little surprising experiment for Shay and Zoha.



Kids learned about the sense of others.
They developed their social skills.
They learned to be creative.
They developed their fine motor skills.