

# Child Development Dayhomes NEWS

THE MONTHLY PUBLICATION HIGHLIGHTING INFORMATION FOR DAYHOME EDUCATORS AND PARENTS



February 2024

## Educator Workshop

### ► Licensing Guidelines Workshop

**Date:** Monday, February 5, 2024

**Time:** 6:30pm - 8:00pm

**Location:** Online - Microsoft Teams [Link](#).

A workshop provided by licensing officers to review what to expect during a licensing visit in family day homes. They will review types of inspections, and what to do in an incident and critical incidents, possible enforcement actions as well as an opportunity to ask any questions that you may have of licensing. Please try to log into the meeting a few minutes early as the Session will start promptly at 6:30 PM. Please RSVP.

## Congratulations!

To the following dayhome educators celebrating their anniversaries with CDDH in the month of February



|           |         |
|-----------|---------|
| Hodan     | 9 years |
| Shamaila  | 5 years |
| Josephine | 2 years |
| Aiel      | 1 year  |



## Parent Feedback Survey

Let us know how we are doing.  
Take the Parent Feedback Survey [here](#).



## Car Seat Info Sessions

**Upcoming Date:**

More [info](#).



## Upcoming Statutory Holidays

**Family Day:** February 19, 2024

**Good Friday:** March 29, 2024

**Easter Monday:** April 1, 2024



## Happy Birthday to the following Educators!

Arlene, Aysha A, Geeta, Jane Bengil, Khadija, Maricel, Marquita, Sheri-Lynn, Tahira & Uchenna



## Attendance Records Due:

**Thursday, February 15 by 6:00pm**

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

## Fort McMurray Community Events

### ▶ Milk & Cookies Children's Gala

**Date and Time:** February 9th at 5pm – 8pm

**Location:** Miskanaw Ballroom at MacDonald Island Park

**Cost:** \$20/Child 6 months and older; Free for parents and infants under 6 months. **Register:** <https://maccalendar.ca/events/milk-and-cookies-gala/>



### ▶ Indoor Playground and Cafe (“Nailed It” Cake Decorating)

**Date and Time:** February 10, 2024, 6:00pm

**Tickets:** \$23 - available by phone and on sale now. Call 587-539-5656

**Website:** <https://allevents.in/fort%20mcmurray/nailed-it/200026043317549>



### ▶ Pawsitively Sweet Treat Day

**Date:** Feb 11, 2024, All Day

**Location:** Fort McMurray SPCA (155 Macalpine Crescent)

**Cost:** Donations

**Website:** <https://fmspca.ca/>



### ▶ WinterPLAY

**Date:** February 23, 2024 - Mar 03, 2024 from 8:00 am - 6:00 pm

**Location:** The Syne Point Park

**Cost:** FREE

**Website:** <https://www.rmwb.ca/en/community-events-and-involvement/winterplay.aspx>



### ▶ Pink Shirt Day Workshop

**Date and Time:** February 28, 2024 from 10:00 am - 2:00 pm

**Location:** Unifor Local 707 A Building

**Cost:** Free

**Website:** <https://maccalendar.ca/events/pink-shirt-day-workshop/>



### ▶ Urban Market at Fort Chipewyan

**Date:** February 24, 2024 from 11:00 am - 4:00 pm

**Location:** Fort Chipewyan

**Cost:** Per Item

**Website:** <https://maccalendar.ca/events/urban-market-fort-chipewyan-winter-carnival/>



## Activity Idea

### ► Snowstorm in a Jar Winter Science Experiment

#### Here's a list of what you'll need:

1. Mason Jar (16 ounce size)
2. Baby Oil
3. Iridescent Glitter You can also add colored glitter if you like. But if you do, don't add too much because it makes it kind of hard to see the snowstorm through solid colored glitter.
4. White Paint
5. Alka Seltzer Make sure the Alka Seltzer has citric acid and sodium bicarbonate in the ingredients since that's what's going to cause the chemical reaction in our experiment.



Source: <https://onelittleproject.com/snowstorm-in-a-jar/>

#### STEPS:

1. Fill a mason jar about 2/3 full of baby oil.
2. Add a small squirt of white paint to about 1/4 cup of water, then stir it until it's combined. You want the water to be a nice white color so you can see it in the oil.
3. Pour the white-water mixture into the jar. The mixture will fizz up towards the top a little bit when you do the experiment, so don't fill your jar all the way to the top or you'll end up with quite a mess.
4. Add some glitter to the jar.
5. Break up the Alka Seltzer tablet into small pieces, then drop two or three into the jar.
6. Then watch what happens!

The white-water bubbles up through the baby oil making a little snowstorm in a jar!

As far as I can tell, you can keep adding more and more Alka Seltzer to your jar and redo this experiment over and over. If you run out of water, you can just add more. After you've done it once, you might want to wait about 5 minutes for the oil to clear up and for the paint to settle to the bottom again. But that's totally optional. You can still see enough bubbles to just keep going and going! When you're done with your little jar, simply put the lid back on and store it away for another day. You can keep using it over and over!

## Educator Accomplishments

Brain Story: Afshan & Portia

Picky Eaters Workshop: Sidra & Fatima

Car Seat Safety: Dianna

Moving Towards Reconciliation (Module 1): Aiel

Module 2: Aiel & Zohra

Responsive Feeding Workshop: Saadia, Vandana, Sara, Najma, Shamaila, Fatima, Portia & Trupti

## Standard

### FAMILY DAYHOME STANDARDS MANUAL FOR ALBERTA

This manual contains the standards for Dayhomes and Dayhome agencies to provide child care.

Every month we will review a Standard.



#### Standard 4B: Furnishings and Equipment

The family day home program's furnishings and equipment must be age appropriate. Toys, equipment, materials, furnishings must be of sufficient variety and quantity for the number and ages of children being cared for. Toys, equipment and materials should be organized and accessible so that children can make their own selections. Furniture and equipment must meet federal and provincial product safety legislation and are only used as recommended by the manufacturer.

- This includes but is not limited to beds, mats or mattresses with bedding, safety gates, cribs, play pens, high chairs, toilet seats or potties, strollers or carriages, and car seats or booster seats.
- Federal safety legislation does not specify requirements for sleeping infants in play pens, as this type of equipment does not meet the definition of a crib, cradle or bassinet. Therefore, Health Canada advises playpens not be used for unsupervised sleep. If the educator is not physically present and watching the child sleep, the child is unsupervised. Diapering arrangements ensure:
  - each child is changed on either a change table or individual change pad; and Family day home standards manual for Alberta 20
  - children are diapered in a location that allows for supervision of other children.

## Recipe Idea

#### Equipment:

- 1 8oz mason jar

#### Ingredients:

- 4 tbsp strawberry yogurt
- 1/2 cup Fruity Pebbles Cereal
- 1/2 cup strawberries (chopped and fresh)

#### Instructions:

1. In an 8 oz wide mouth mason jar add in 2 Tbsp of strawberry yogurt.
2. Cover the yogurt with Fruity Pebbles Cereal and then add another 2 Tbps of yogurt.
3. Finish by sprinkling with fresh strawberries or fruit of your choice.



## Learning Story: Polar Regions Trip

Story by Aiel, Dayhome Educator

Here are some pictures this morning when we went on a little trip to our Polar Regions setup in our dayhome. The kids were very interested, so we started by looking at a globe to find where the Arctic and Antarctica are. Marius joined in the fun and helped searching. We discovered that the Arctic is at the North Pole and Antarctica is at the South Pole.

Then we looked at some photos on the wall, and they quickly recognized polar bears and reindeer. They asked about the names of the other animals in the photos, and we named them together. After that, they explored the rest of the setup. They played in an igloo and pretended to be penguins. Ezekiel pretended to walk like a penguin.

Ellis continued to spin the globe. When Henry came home from school, he acted like he was really cold when he saw the setup. Ana Julia and Channing asked why, and Henry explained that it's cold in the polar regions that's why he was freezing cold. He also told them that penguins can swim in the water too, so Henry, Ana Julia, and Channing started placing some of the penguins in our pretend water and pretended it was swimming.





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