



Child Development Dayhomes June 2024 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of June

Lenie Dela Cruz	24 years	Frances Baars	4 years
Tanya Mahlitz	18 years	Najnin Habiba	4 years
Sadia Malik	13 years	Lourdes Medenilla	2 years
Parvesh (Pinky) Sharma	10 years	Gina Salunga	2 years
Sadaf Shahab	9 years	Analyn Marquina	2 years
Grepil Vega	7 years	Anita Giri	1 year



Welcome New Educators!

Gifty Kwofie
Uma Kanwar
Danielle Strickland



Upcoming Statutory Holidays

Canada Day: July 1, 2024

Civic Holiday: August 5, 2024

Labour Day: September 2, 2024

National Truth and Reconciliation Day:
September 30, 2024



Congratulations!



Congratulations to our Pedagogical Mentor and Childcare Consultant, Jennifer Bedford, on completing her Bachelor of Early Childhood Curriculum Studies at MacEwan University!

Follow us on Social Media



Attendance Records Due:

Tuesday, June 18 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Parent Feedback Survey on CDDH Website



Let us know how we are doing.
Take the Parent Feedback Survey [here](#).

Community Events

▶ **Pride Street Festival**

Date: Saturday, June 1, 2024

Time: 11:00am - 10:00pm

Location: Grindstone Theatre (10019 81 Ave NW)

Cost: Free

Website: <https://www.fruitloop.ca/new-events>



▶ **Edmonton Pride Events**

Website: <https://prideedmonton.ca/events/>

▶ **Spruce Grove Family Fun Day**

Date: Saturday, June 8, 2024

Time: 10:00am - 4:00pm

Location: Central Park (450 King St, Spruce Grove)

Website: <https://www.facebook.com/events/1379904989553431>



A fun filled day of events, activities music, demos and more! Bouncy castles, face paint, planting, dance class, magician and more! Passes and ticket prices to be announced soon. All proceeds from this event go directly to cancer research

▶ **National Indigenous People Day Event**

Date: June 19, 2029

Time: 3:00pm - 7:00pm

Location: Castledowns YMCA (11510-153 Ave)

Free event includes bouncy castles, kids corner, bannock, performers, vendors and more!

▶ **Indigenous People's Day at Telus**

Date: June 21, 2024

Time: 8:00am - 1:30pm

Location: Telus World of Science - Edmonton

Cost: Free admission for Indigenous peoples on June 21.

Website: <https://telusworldofscienceedmonton.ca/explore/experiences/national-indigenous-peoples-day/>





Recipe Ideas

▶ Pasta with Salmon and Peas

Ingredients:

- 240g wholewheat fusilli
- Knob of butter
- 1 large shallot, finely chopped
- 140g frozen peas
- 2 skinless salmon fillets, cut into chunks
- 140g low-fat creme fraiche
- 1/2 low salt vegetable stock cube
- Small bunch of chives, snipped

Instructions:

1. Bring a pan of water to the boil and cook the fusilli according to the pack instructions.
2. Meanwhile, heat a knob of butter in a saucepan, then add the shallot and cook for 5 min. or until softened.
3. Add the peas, salmon, creme fraiche and 50ml water. Crumble in the stock cube.
4. Cook for 3-4 min. until cooked through, stir in the chives and some black pepper. Then stir through to coat the pasta. Serve in bowls.



Source: <https://www.bbcgoodfood.com/recipes/pasta-salmon-peas>

▶ ABC Muffins (with Apple, Banana, and Carrot!)

Ingredients:

- 1 cup mashed very ripe banana
- 1/2 cup shredded apple
- 1/4 cup shredded carrot
- 3/4 cup milk (dairy or nondairy)
- 1/4 cup melted unsalted butter (cooled)
- 1 large egg
- 1 tsp pure vanilla extract
- 1 cup whole wheat flour
- 1/2 cup rolled oats
- 1 tsp cinnamon
- 1 tsp baking powder
- 1/2 tsp baking soda
- 1/8 tsp salt



Instructions:

1. Preheat oven to 375 degree F and grease a 24 cup mini muffin pan with nonstick spray.
2. Place the banana, apple, carrot, butter, egg, and vanilla into a medium bowl. Stir together.
3. Gently, but thoroughly, stir in the flour, oats, cinnamon, baking powder, baking soda, and salt.
4. Divide batter among the prepared muffin pan, filling each cup to the edge. (You'll use about 2 table-spoons batter in each mini muffin cup).
5. Bake for 16-20 minutes or until a cake tester inserted into the center comes out cleanly. (I do 18 minutes in my oven.)

Source: <https://www.yummytoddlerfood.com/baby-muffins/>



Activity Ideas

▶ Sandbox Volcano Experiment

Supplies:

- Sandbox with sand
- Water
- Baking soda
- Vinegar
- 16oz water bottle
- food coloring (optional)

Baking Soda Volcano Set Up:

STEP 1. Fill the water bottle about a third full (mix in optional food coloring) and add about 5 teaspoons of baking soda to it. Put the water bottle cap back on until you are ready.

STEP 2. Build a sand mountain or sand volcano around the bottle.

STEP 3. Uncap the bottle and pour a good amount, probably a cup of vinegar into the bottle.

Quick, get out of the way and watch the huge eruption!

Source: <https://littlebinsforlittlehands.com/best-sandbox-volcano-eruption/>



▶ Flower Pounding

Materials:

- Fresh flowers or leaves
- A piece of calico fabric (or a recycled drawstring bag)
- A piece of thin cardboard
- Tape
- Hammer
- Cord
- Toothpicks

Instructions:

<https://artfulparent.com/create-flower-flags-with-flower-pounding-for-kids/>





Learning Story

► Being a Friend

By Jhoan Dela Cruz, Dayhome Educator

With lots of loose-parts and open-ended materials offered, I was lucky to observe a gorgeous interaction between Jiro and Jimmel.

Jimmel and Jiro engage socially with one another, playing blocks and cars together. “Pick,” Jiro asserts, handing the dime carton blocks or coin rollers to Jimmel. He’s the one taking the lead.

Jimmel accepts, collects the blocks, and places them in the truck, imagining these are logs. As their play continues, Jiro and Jimmel engage in a dialogue about the logs. Jiro suggests, “Go, put blocks,” and Jimmel responds, “Fast, go,” encouraging each other as they load all the logs into the truck.

What learning is happening here?

Isn’t this how life is at its best: friends cheering each other throughout their play tasks, communicating and building responsive and reciprocal relationships? Respecting each other.

Children have a strong sense of identity, and Jimmel and Jiro interact with each other with care and respect.

Children are effective communicators. They make choices which help them establish and nurture friendships and develop understanding.

