





Child Development Dayhomes September 2024 Newsletter

Information for Dayhome Educators and Families in Fort McMurray

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of September

	Ciamy	6 years	Marquita	2 years	
	Jesusa	5 years	Abeer	2 years	
	Kathlyn	4 years	Tahira	2 years	
	Trupti	2 years	Faiza N.	2 years	
	Aisha H.	2 years	Coleen	1 year	

Upcoming Statutory Holidays



- Labour Day:** Sep. 2, 2024
- National Truth and Reconciliation Day:** Sep. 30, 2024
- Thanksgiving:** Oct. 14, 2024
- Remembrance Day:** Nov. 11
- Christmas:** Dec. 25, 2024
- Boxing Day:** Dec. 26, 2024

Emergency Preparedness

Resource from RMWB on how to stay prepared and have a plan for emergencies. Click [here](#).

Welcome New Staff!

Fatima
Moosa
Butt



Thank you to all who came to the park visits this month!

Happy Birthday to the following Educators!

Cristie, Hodan, Joanne, Ruthchel V, Titi, Trupti, Charris, Ciamy, Salma, Sara



Follow us on Social Media



Attendance Records Due:

Monday, Sep. 16 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Car Seat Info Session

Date: September 17, 2024
Time: 7:00pm - 9:00pm
More info [here](#).



Community Events

▶ 2024 Fort McMurray Kidney Walk

Date: September 8, 2024

Time: 11:00am (Registration opens at 10:15 AM)

Location: Borealis Park Bob Lamb Bandstand

Cost: FREE/Fundraiser

Link: <https://maccalendar.ca/events/2024-fort-mcmurray-kidney-walk/>



▶ Employment Assessment

Date: September 9, 2024

Time: 10:00 am - 3:00 pm

Location: Autism Society of the Regional Municipality of Wood Buffalo

Cost: Free

Link: <https://maccalendar.ca/events/employment-assessment/>



Our Employment Supports Program welcomes neurodiverse individuals and those with disabilities aged 16 and above.

▶ The Fort McMurray Chamber Fall Trade Show and Market

Date: September 27-29, 2024

Time: 1:00 pm - 9:00 pm

Location: MacDonald Island Park

Cost: Admission: Adult Day Pass \$10/Senior Day Pass \$8/ Youth Day Pass \$8/ Weekend Pass \$15/ Family Day Pass (2 Adults & 2 Youth) \$25/Children 6 & Under FREE

Link: <https://business.fortmcmurraychamber.ca/events/details/fall-2024-trade-show-artisan-market-2139>



The services you need, the goods you want, and some innovative products you never imagined existed.

▶ Indigenous Teachings Workshop

Cost: Free

Link: <https://maccalendar.ca/events/indigenous-teachings-workshop/>

Date: September 29, 2024

Time: 12:00 pm - 2:00 pm

Location: Borealis Room (second floor) Macdonald Island Park





Community Events

▶ **Fallen Heroes: Their Journey Home**

Date: September 11, 2024

Time: 7:00 pm - 8:30 pm

Location: Landmark Cinema Fort McMurray

Cost: Military Family, Seniors 65+, Under 15 years \$17.50/Early Bird \$22.50 (Ends Aug 15)/ General Admission 16+ \$25.00

Link: <https://maccalendar.ca/events/fallen-heroes-their-journey-home-fort-mcmurray/>



▶ **ASRMWB Community BBQ**

Date: September 13, 2024

Time: 3:00pm - 6:00pm

Location: Fort McMurray Tarsands Lion Club (3 Tolen Drive)

Link: <https://maccalendar.ca/events/asrmwb-community-bbq/>



Enjoy beef hot dogs, burgers, chips, and refreshments (gluten-free options are available).

▶ **ATC Cultural Festival 2024**

Date: September 12–15, 2024

Time: 10:00am

Location: Snye Point Park (1 Morimoto Drive)

Link: <https://maccalendar.ca/events/atc-cultural-festival-2024/>

Cost: Free



▶ **Community Pancake Breakfast**

Date: September 14, 2024

Time: 9:00 am - 12:00 pm

Location: Fire Hall 1 (Hawkins Hall) - 2 Tolen Drive

Link: <https://maccalendar.ca/events/community-pancake-breakfast/>

Cost: FREE



Free pancake breakfast and fire hall open house. Breakfast will be served, and many fun, interesting activities and demonstrations held. There will be equipment displays and vehicle rescue demonstrations, tours of emergency services equipment, fire trucks, and a fire safety trailer. Children can enjoy Zumba with Sparky and other local mascots, and even a kid-sized firefighter obstacle course.

Recipe Idea

▶ Butternut Sweet Potato and Red Lentil Stew

Ingredients:

- 2 tablespoons extra-virgin olive oil
- 1 medium onion, diced (about 2 cups)
- 3 to 4 large garlic cloves, minced
- 3 cups peeled, seeded, and diced butternut squash*
- 1 large sweet potato, peeled and diced (2 1/2 cups)
- 3 cups low-sodium vegetable broth
- 1 (14-ounce/398 mL) can diced tomatoes
- 1 (14-ounce/398 mL) can light coconut milk
- 1/2 cup dried red lentils, rinsed**
- 3 tablespoons tomato paste
- 1 1/2 teaspoons ground turmeric
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon chili powder
- 1/4 teaspoon cayenne pepper, or more if you like heat
- Fine sea salt, to taste (I use 1 1/2 teaspoons pink salt)
- Freshly ground black pepper, to taste
- 3 teaspoons apple cider vinegar, or to taste
- 1 bunch chard, stemmed and finely chopped***

Directions: https://ohsheglows.com/cozy-butternut-sweet-potato-and-red-lentil-stew/#recipe_3588



Educator Professional Learning Highlights

Water Safety: Trupti, Michelle

Brainstory Theory to Practice: Uchenna

Bodies in the Know, Mind on the Go: Trupti

CCCF Outdoor Play Training: Uchenna

Level 2 Certificate: Michelle, Aiel



Activity Idea

▶ Giant Name Art Painting with Kids

Link: <https://toddler-approved.com/giant-name-art-painting-with-kids/>



Standards

FAMILY DAYHOME STANDARDS MANUAL FOR ALBERTA

This manual contains the standards for Dayhomes and Dayhome agencies to provide child care. Every month we will review a Standard.

Standard 10B: Home and Safety

- programs must have written emergency plans for evacuation procedures and an evacuation route;
- all children who are developmentally able must know the designated meeting place outside the home in the event of a fire;
- fire drills must be practiced monthly and recorded monthly (it is recommended that the drills include the sounding of the smoke alarm so that children learn to recognize the sound and connect it with the practiced evacuation);
- a working telephone (mobile and/or landline) is required at all times;
- program educators must know the procedure for calling for help;
- all medications and vitamins must be kept under lock and key (excluding emergency medications, such as an EpiPen©, which must be stored according to Standard 10E: Medication);
- all chemicals, alcohol, cannabis products, any substance or material related to smoking or vaping, personal care products and household cleaning products must be stored in an area that is inaccessible to children; and
- programs must ensure that the following telephone numbers are readily accessible: emergency medical service; ambulance service; fire department; police service; poison control centre; nearest hospital or emergency medical facility; and child abuse hotline.

Alberta 

Flight Focus

These health & safety standards specifically intend to protect children from poison, fire, and emergency. What risks might remain for children while in care? How do we manage this risk and support children's opportunity for risky play?





Learning Story

► Oh Mr. Sun

By Bernadette Guerrero, Dayhome Educator

What a sunny morning!

Today, our mighty learners learned and practiced their cutting skills. Our learners used scissors to cut Mr. Sun. Teaching children on how to use scissors is so beneficial for their learning development. It helps them develop their hand-eye coordination, bilateral coordination, improve attention tasks, and build fine motor skills. It is also important to capture children's interest. With our Mr. Sun paper made, they enjoyed our activity.

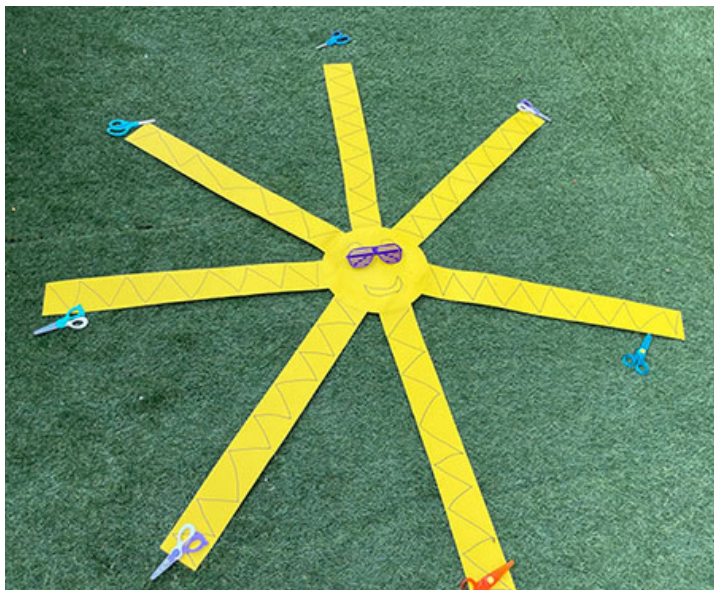
Oliver says, "Wow, I like this activity and I know how to use my scissor."

Maya says, "Look Bernadette, I know how to cut."

Adrielle says, "Mr. Sun is so bright."

Bella says, "This sun is so big."

Dominic says, "It's colour yellow."



Child Development Dayhomes' Illness Policy: Children

If your child has this symptom, do not bring the child to the dayhome	Please stay home until...
<p>Fever/Chills</p> <p>*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher is considered a fever. • Rectal: 36.6-38.0°C (97.9-100.4°F)</p> <ul style="list-style-type: none"> • Mouth: 35.5-37.5°C (95.9-99.5°F) • Underarm: 36.5-37.5°C (97.7-99.5°) • Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F) 	<p>The child has been fever free for 24 hours without fever-reducing medication</p>
<p>Cough/Shortness of Breath</p> <p>Nausea/Vomiting/Diarrhea</p> <p>Congestion/Sore throat/Painful Swallowing</p> <p>Unexplained Loss of Appetite/Lethargy/Unable to participate.</p> <p>Muscle/Joint Aches/Headache</p>	<p>If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least 24 hours since the symptom started.</p>
<p>Pink Eye – Bacterial</p>	<p>24 hours after treatment has started or the eye no longer has discharge.</p>
<p>Pink Eye - Viral</p>	<p>When symptoms are cleared.</p>
<p>New/unexplained rash</p>	<p>After seeing a doctor and/or calling 811 for advice to ensure it is not contagious to others. A physician's note may be required.</p>
<p>Head Lice</p>	<p>When first treatment is completed and bugs and nits are picked from the child's hair so hair is clear. Complete head checks of all members of the household. Please complete the second treatment 7-10 days after first treatment.</p>
<p>Runny Nose</p> <p>Please make your best judgement when deciding to send your child to the dayhome.</p>	<p>Your dayhome educator may ask you not to bring the child or to pick up the child if the runny nose is consistent throughout the day and needs to be consistently wiped and/or it interferes with daily routines and caring for other children.</p>

The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note, or the parents declare that the child is symptom-free).

There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified by the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.