



Child Development Dayhomes October 2024 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of October

Shaila Zulfiqar	11 years	Maris Cortes Minotta	5 years
Nazia Shahid	9 years	Regina Torres	5 years
Omnia Elghamrawy	9 years	Crystal Durrant	3 years
Rema Barut	8 years	Monica Borhade	3 years
Cherryl Quiming Brine	7 years	Sumaira Chandio	3 years
Anousha Bundhooa	6 years	Marites Ramirez	2 years
Mishaal Paracha	6 years	Ravinder Kaur	2 years
Nazia Akhtar	5 years		



Illness Policy

See page 8 for our Illness Policy.

Follow us on Social Media



Parent Feedback Survey on CDDH Website

Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



Upcoming Workshops

See page 7 for upcoming workshop information.

Attendance Records Due:

Monday, October 21 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Thanksgiving: October 14, 2024

Remembrance Day: November 11, 2024

Christmas Day: December 25, 2024

Boxing Day: December 26, 2024



Community Events

▶ All Day Sundays at the Art Gallery

Date: Sunday, October 13, 2024

Time: 12:00pm - 4:00pm

Location: Art Gallery of Alberta

Website: <https://www.edmonton.family/calendar/all-day-sunday-at-art-gallery-of-alberta-3-f23g9>



All Day Sundays at the AGA provide families the opportunities to spend the afternoon exploring art and ideas connected to current exhibitions. All Day Sunday activities include hands-on art-making, storytelling, performances, Gallery visits and collaborative projects. Free admission for children under 17.

▶ Windermere Fall Harvest Festival

Date: Saturday, October 19, 2024

Time: 11:00am - 3:00pm

Location: Anthony Henday and Terwillegar Drive

Facebook page: <https://www.facebook.com/events/920141146562146/>



Enjoy fantastic live music and performances, take a tour through our straw maze, or snuggle with some cute animals in our petting zoo! Live music, prairie petting zoo and pony rides, straw maze, somerset pumpkin display and more! We'll also be collecting donations for WINGS (food, toiletries, bedding, etc.) and pet food and toy donations for Second Chance Animal Rescue Society!

▶ Treat Accessibility Halloween Village

Date: Sunday, October 20, 2024

Time: 1:30pm - 4:30pm

2 Locations: Summerside Grande Boulevard and Ellington Crescent, South of Erin Drive, St. Albert

Registration: www.treataccessibly.com



▶ Delton Community League Haunted House

Date: Saturday, October 19, 2024

Time: 6:00pm - 9:00pm

Location: Delton Community Hall

RSVP to VP@deltoncommunity.com by October 12, 2024





Recipe Ideas

▶ Butternut Squash Curry

Ingredients:

- 1.5 lbs butternut squash, peeled and diced to 1"
- 1 cup onion finely chopped
- 1 cup tomatoes (pureed or chopped)
- 1 tbsp ginger (peeled and minced)
- 1 tbsp garlic (peeled and minced)
- 4 cups baby spinach (chopped, optional)
- 1 cup black eyed peas (optional or chickpeas/beans of choice (boiled/canned))
- 2 sprigs curry leaves (leave out if you don't have)
- 2 tbsp oil
- 2in cinnamon piece (optional)
- 1 tsp Kashmiri chili powder (or paprika)
- 1 ½ tsp coriander powder
- 1/2 tsp cumin powder
- 1 to 1 ½ tsp garam masala
- 1/4 tsp turmeric
- 1 tsp salt
- 3/4 cup cocount milk
- 1/2 cup water (use only as needed, lesser if you don't use beans)

Directions: <https://www.indianhealthyrecipes.com/butternut-squash-curry/>



▶ Tandoori Roti

Ingredients:

- 2 ¼ cups whole wheat flour (atta)
- 1/2 tsp salt
- 1/4 tsp baking soda
- 1/2 cup plain yogurt (fresh)
- 1 tbsp oil
- 1/2 cup water (+ more if required)

If your yogurt is sour or have only Greek yogurt, mix 1/4 cup yogurt with 1/4 cup milk and use.

Directions: <https://www.indianhealthyrecipes.com/tandoori-roti/>



Activity Idea

► Numeracy Invitation to Play

All of the 10 loose parts chosen have vast potential for counting, patterns, sorting, and much more. I chose to create this invitation to play on a smaller table to encourage creating a learning space for small groups or even individuals. The book here is filled with images of numbers from unique items found outside, such as 8 from an iron fence! Loose parts in our community!

This is a very natural way to either introduce numbers and numeracy to children or a great invitation for those who are currently interested in numbers. Children naturally engaging in play schemas, which are play urges they NEED to do.

Positioning is one type, and this is where you see children lining up toys, a pre-math skill! These 10 loose parts would encourage and challenge that interest very well.



► Literacy Invitation to Play

Children love to make special dishes and act out every day routines from their lives. Adding loose parts to your house area allows ANY kind of dish to be created and for the children to share their family lives with each other.

Rich language is used to fill their stories, and the play is limitless!

I added in different textured and coloured placemats, unique tea pots, ceramic milk and sugar set, and real kitchen utensils. These items bring so much sensorial stimulation to their play that helps children to self-regulate.





Learning Story

► Positioning Schema and Beyond!

By Breezy Divino, Dayhome Educator

Today, Frida and Mila engaged in patterning through the use of farm animals.



Using our well-loved toys and sensory materials, the children were invited through a provocation. They eagerly sat and started touching the items. Frida recognized the animals and began singing “Old MacDonald Had a Farm” and Mila and I replied, “e-i-e-i-o!”



They reached to the other side of the table to join all the toys together.

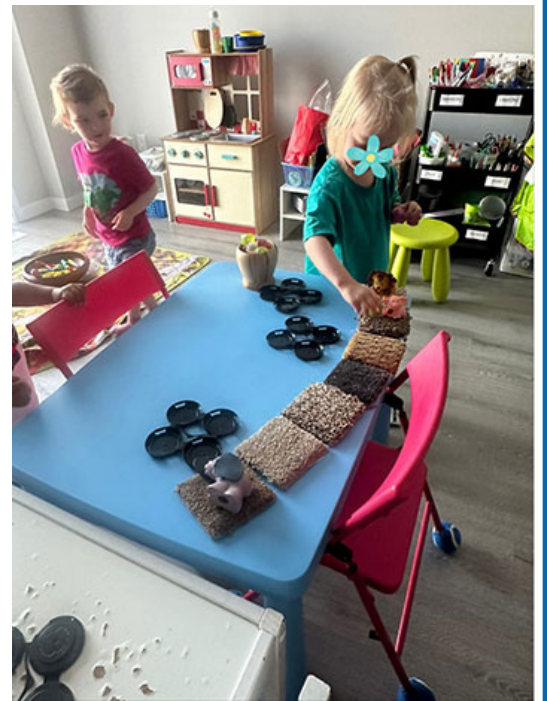
Frida asked if she could get the lion. I said of course! So she stood from her chair and took the animals that she wanted to add to her spot.

Mila: “Look!”

I commented: “They look the same to me! Are they twins?”
Mila happily said, “Yes! They’re cows!”

I asked, “What do the cows say again, I forgot?”
She quickly responded, “Mooooo!”

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I positioned the people facing each other. I asked them, “What do you think they are talking about?”

Frida replied. “They’re singing Old MacDonald had a farm...” and we all chanted, “E-I-E-I-O!”

Later on, Frida stood up and placed one animal on the counter. Mila saw it and copied her.

She placed her two cows beside it. Soon, the counter was filled up with animals that were lined up together!

One by one, we distinguished each animal and the sounds that they make.

I asked, “What are the animals lining up for?”

Frida answered, “They’re waiting for the tractor.”

I added, “They want to ride in the tractor?” She agreed. “Where is the tractor going?” I asked again.

She replied, “It’s bedtime!”

She showed me the carpets that were also lined up on the table.

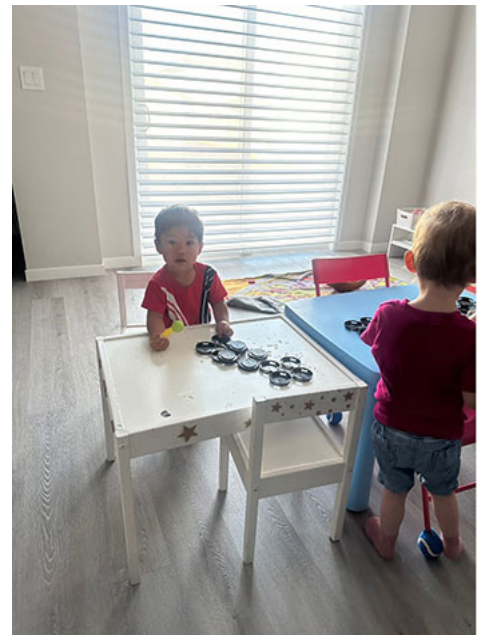
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The animals were all going to take a nap!

POSITIONING: Children can be seen positioning, ordering and arranging objects or themselves. At times children may be obsessive in placing items in the exact place (e.g. on top, next to, in front of, around the edge, beside, behind) of an object or person. The children may be observed lining up objects in order of size, colour or shape.

Positioning activities support math concepts in children, as one of its many benefits.

Through their interactions, they encouraged Khiel to play with them!



Upcoming Workshops

▶ **How to Feed and Educate Children to Create a Positive Relationship with Food**

The class will be held on Monday, **October 21st** from 6:30 to 8:00 p.m. via Zoom. Attending the class will earn you 90 minutes of release time paid through the Alberta Childcare Grant Funding Program.

Please register in advance using the link below. After registering, you will receive a confirmation email containing information about joining the meeting. Register [here](#).

▶ **CDDH Workshop - Exploring Play**

Date: Thursday, October 24, 2024

Time: 9:30am - 11:30am

Location: Orchards Clubhouse (4059 Orchards Drive SW)

RSVP by Oct. 18 to jennifer@childdev.com

Bring your children for a fun morning to explore, investigate and create through play! You will learn how to use different materials to create engaging provocations at home.



Child Development Dayhomes' Illness Policy: Children

If your child has this symptom, do not bring the child to the dayhome	Please stay home until...
<p>Fever/Chills</p> <p>*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher is considered a fever. • Rectal: 36.6-38.0°C (97.9-100.4°F)</p> <ul style="list-style-type: none"> • Mouth: 35.5-37.5°C (95.9-99.5°F) • Underarm: 36.5-37.5°C (97.7-99.5°) • Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F) 	<p>The child has been fever-free for 24 hours without fever-reducing medication</p>
<p>Cough/Shortness of Breath</p> <p>Nausea/Vomiting/Diarrhea</p> <p>Congestion/Sore throat/Painful Swallowing</p> <p>Unexplained Loss of Appetite/Lethargy/Unable to participate.</p> <p>Muscle/Joint Aches/Headache</p>	<p>If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least 24 hours since the symptom started.</p>
<p>Pink Eye – Bacterial</p>	<p>24 hours after treatment has started or the eye no longer has discharge.</p>
<p>Pink Eye - Viral</p>	<p>When symptoms are cleared.</p>
<p>New/unexplained rash</p>	<p>After seeing a doctor and/or calling 811 for advice to ensure it is not contagious to others. A physician's note may be required.</p>
<p>Head Lice</p>	<p>When first treatment is completed, and bugs and nits are picked from the child's hair so hair is clear. Complete head checks of all members of the household. Please complete the second treatment 7-10 days after first treatment.</p>
<p>Runny Nose</p> <p>Please make your best judgement when deciding to send your child to the dayhome.</p>	<p>Your dayhome educator may ask you not to bring the child or to pick up the child if the runny nose is consistent throughout the day and needs to be consistently wiped and/or it interferes with daily routines and caring for other children.</p>

The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note, or the parents declare that the child is symptom-free).

There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified by the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.