



Child Development Dayhomes September 2024 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of September

Mahira Shahab	16 years	Christy Poetsema	6 years
Emilie Domingo-Alcon	11 years	Sheila Salcedo	6 years
Nadia Bibi	11 years	Melyn Lopez	5 years
Uzma Tariq	11 years	Ashmika Nand	3 years
Asma Shahab	8 years	Ma Mae Lusung	3 years
Madelyn Corpuz	8 years	Teresita Pajarit	3 years
Rong (Renee) Sun	8 years	Jhoan Dela Cruz	2 years
Sandeep Kaur Chachal	8 years	Maria Freideriki-Grewal	1 year
Deming Duran	7 years	Neha Kumar	1 year
Fang (Emma) Xu	7 years	Samantha Madland	1 year
Geraldene Gran-Pait	7 years		



Congratulations!

Congratulations to Emilie for achieving her Level 2 in Early Childhood Education!

Welcome New Educator!

Aneetu Bala (Cy Becker, North Edmonton)

Parent Feedback Survey on CDDH Website

Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



Upcoming Workshops

See page 7 for upcoming workshop information.

Attendance Records Due:

Tuesday, September 17 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Labour Day: September 2, 2024

National Truth and Reconciliation Day:

September 30, 2024

Thanksgiving: Oct. 14, 2024



Community Events

▶ Kaleidofest Family Arts Festival

Date: September 13-15, 2024

Location: 90-95 St - 118 Ave

Website: <https://www.kaleidofest.ca/>



▶ Parkbus to Elk Island National Park

Date: Every Saturday until September 14, 2024

Time: 8:30am - 5:00pm (park departure at 3:30pm)

Location: Edmonton to Elk Island National Park, return. More info [here](#).



▶ Lewis Estates Movie in the Park and Fireworks

Date: Saturday, September 7, 2024 (5pm - 10pm)

Location: 924 Picard Drive NW, Edmonton

Facebook page: Click [here](#).



▶ Harvest Festival in St. Albert

Date: September 21, 2024

Time: 11:00 - 4:00pm

Website: Click [here](#).



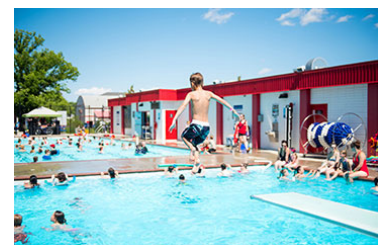
▶ Alexandra Outdoor Pool Toonie Swim

Date: September 2, 2024

Time: 12:00pm - 6:00pm

Location: 5 Alexandra Park, Leduc

Website: Click [here](#).



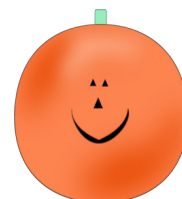
▶ Kiwi Nurseries Pumpkin Festival

Date: Saturday, September 28, 2024

Time: 11:00am - 3:00pm

Location: Kiwi Nurseries (27007 Twp Rd 532, Spruce Grove)

More info: <https://www.familyfuncanada.com/edmonton/kiwi-nurseries/>





Recipe Ideas

▶ Sweet and Sour Meatballs

Ingredients:

- 1 can (20oz) pineapple chunks
- 1/3 cup water
- 3 tbsp vinegar
- 1 tbsps soy sauce
- 1/2 cup packed brown sugar
- 3 tbsps cornstarch
- 30 frozen fully cooked italian meatballs
- 1 large green pepper, cut into 1 inch pieces
- Hot cooked rice

Directions: <https://www.tasteofhome.com/recipes/tangy-sweet-and-sour-meatballs/>



▶ Apple Pie Breakfast Cookies

Ingredients:

- 2 large eggs
- 1/2 cup unsweetened applesauce
- 1/4 cup avocado or vegetable oil
- 1/4 cup maple syrup or honey
- 2 tsp vanilla extract
- 1 tsp cinnamon
- 1 1/2 tsp baking powder
- 1/4 tsp fine salt
- 1 cup rolled oats
- 1 1/4 cups oat flour or 3/4 cup whole wheat flour
- 2 Tbsp hemp seeds or chia seeds or both
- 1 cup finely chopped apple (about 1 medium apple), plus another 1/2 apple thinly sliced for the top (optional)
- 1 Tbsp coconut sugar or granulated sugar

Directions: <https://happykidskitchen.com/apple-pie-breakfast-cookies/>



Optional Add-ins

- 1/4 cup finely chopped walnuts
- 1/2 cup finely grated carrot
- 1/4 cup raisins or dried cranberries

Activity Idea

▶ Autumn/Fall Nature Brushes and Painting



This is some fun process art that uses up all those autumn treasures that kids like to collect! To make the nature brushes, I attached the nature bits to the top of sticks using some elastic bands. We also used some autumn objects to print with and roll around the paper. Lots of lovely exploration and messy fun!

Source: <https://inspiremyplay.com/blogs/blog/25-of-the-best-autumn-activities-for-kids>

▶ Leaf Shadow Drawing



Step 1: Tie leaves to a long piece of string;

Step 2: Tie the string at both ends to something strong enough to keep them suspended in the air (we used 2 chairs);

Step 3: Place a piece of paper underneath so that the angle of the sun casts the shadows of the leaves on top of the paper;

Step 4: Once the shadow on the paper appears, using a pencil, get them to trace their shadow shapes. Afterwards you can colour in the shapes, or get creative in other ways.

Source: <https://inspiremyplay.com/blogs/blog/guide-to-shadow-art-for-kids-creative-drawing-idea-using-leaves>



Learning Story

► The Ambulance Tour

By Maria Grewal, Dayhome Educator

This week the “Ambulance Tour” was a remarkable life experience and learning opportunity for all the children at “The Children’s Studio”! The children’s curiosity and anticipation was built up as they were all waiting for Monday to arrive and have the “Ambulance Tour”! The clock was ticking and the ambulance was parked right outside the dayhome at 11:30 am! The children all gathered together asking for me to open the gate as the ambulance had arrived! The paramedics were all dressed in their uniforms ready to teach the children the valuable role that they have in their profession and the role that the ambulance plays!

The paramedics opened the doors of the ambulance and let the children in to explore! One of the paramedics asked the children if they knew what the “bed” in the ambulance was called.

“Stretcher!” Harrison exclaimed! It was indeed called stretcher!

The children started taking turns on the stretcher pretending to be the patients! Aiden was the first one to use the stretcher as he was the most familiar with it as his dad was one of the paramedics of the ambulance! Aiden and his dad also demonstrated for all the children how the oxygen mask works, how it’s used and what it’s for! Later on, the children used the pulse oximeter to monitor their heart rate and their oxygen level! The children started reading their percentage on the monitor!

“87%” Jet exclaimed!

“100%!” Wesley also announced!



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The children also got to experience the sound that the oxygen makes as it comes out of the tube! Some of them gently placed their hand closely to feel the oxygen on their hand! Some of the children also demonstrated how the nasal cannula can be placed on their nose for the patients that need extra oxygen! One of the paramedics also introduced a splint to the children! The paramedics explained that the splint is for keeping the joints and bones together after an injury! The children all practiced putting on a splint!



Bringing out of the ambulance the stretcher and putting it back in was also really fun to watch! The children practiced being the patients some more! Driving the ambulance made the children transition from being the patients to being the paramedics!



We thanked the paramedics with a big Thank You and some high fives and we said goodbye to the ambulance! Back inside the dayhome, Aiden's parents had another surprise for the children! They all got to take home A Medic Moose, a colouring book, stickers, magnets and tattoos which brought additional happiness and excitement!

Upcoming Workshops

▶ **How to Teach Picky Eaters to Try New Foods Without a Battle**

The class will be held on Monday, **September 16th**, from 6:30-8:00 pm via Zoom.

This workshop is approved for 1.5 hours of release time from the Alberta Childcare Grant Funding Program, and you will receive a certificate of attendance.

Please register in advance using the link below. After registering, you will receive a receipt and confirmation containing information about joining the Zoom meeting. Register [here](#).

▶ **How to Feed and Educate Children to Create a Positive Relationship with Food**

The class will be held on Monday, **October 21st** from 6:30 to 8:00 p.m. via Zoom. Attending the class will earn you 90 minutes of release time paid through the Alberta Childcare Grant Funding Program.

Please register in advance using the link below. After registering, you will receive a confirmation email containing information about joining the meeting. Register [here](#).

▶ **Supporting Neurodiversity Through An Emotional Regulation Approach - presented by Children's Autism Services**

Date: September 23, 2024

Time: 6:00 pm to 8:00 pm

Location: Online

Presenter: Kelsey Penney

RSVP to your consultant by September 6, 2024

This session is designed for any person working with children of any age, and will include an open discussion format to allow for sharing of strategies and ideas. Approved for PD funding.

▶ **CDDH Workshop - Exploring Play**

Date: Thursday, October 24, 2024

Time: 9:30am - 11:30am

Location: Orchards Clubhouse (4059 Orchards Drive SW)

RSVP by Oct. 18 to jennifer@childdev.com

Bring your children for a fun morning to explore, investigate and create through play! You will learn how to use different materials to create engaging provocations at home.

