





Child Development Dayhomes October 2024 Newsletter

Information for Dayhome Educators and Families in Fort McMurray

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of October

	Saadia	11 years	Joanne	3 years	
	Aysha	9 years	Letty	2 years	
	Ruthchel V.	5 years	Maria B.	2 years	
	Bernadette	4 years	Gemma	2 years	
	Bhartiben	4 years	Roda	1 year	

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Thanksgiving: Oct. 14, 2024

Remembrance Day: Nov. 11

Christmas: Dec. 25, 2024

Boxing Day: Dec. 26, 2024

Educator Workshop

► Providence

Date: Monday, October 21, 2024

Time: 6:30pm-8:00pm

Location: The Hub Family Resource Centre (Programming Room, Shell Place)

Please RSVP to your consultant.

Welcome New Educators

Manal
Sumaira



Parent Feedback Survey

Let us know how we are doing. Take the Parent Feedback Survey [here](#).



Happy Birthday to the following Educators!

Arlyn, Angel, Bernadette,
Meagan, Josephine, and Seema



Birth Announcement

Congratulations to our Childcare Consultant Zenab on the birth of her daughter Dania Loujane Syed!



Attendance Records Due:

Sunday, October 20 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Follow us on Social Media



Community Events

▶ S.T.E.A.M. Tea Party

Date: October 5, 2024

Time: 10:00am - 12:00pm

Location: Online / Virtual

Cost: \$10 w/Activity Kit

Ticket: [Link](#)

Get ready to sip, learn and explore the world of STEAM! Join us for our annual STEAM Tea Party, where you can savour Indigenous teas and explore vibrant, rainbow-themed activities. Experience the unique flavours of these teas while engaging in hands-on STEAM (science, technology, engineering, arts, and math) activities designed to ignite curiosity and creativity. Canadian participants will receive a kit with all the materials delivered straight to their door. All ages are welcomed and supervised children are encouraged to join the fun! Let's create lasting memories and learn together, one sip at a time!



▶ Canadian Cancer Society CIBC Run for the Cure

Date: October 6, 2024

Time: 8:30 am

Location: Doug Barnes Cabin (Tamarack Way)

Cost: Fundraiser

Website: [Link](#)



**Canadian
Cancer
Society**

Join us for our 2024 CIBC Run for the Cure at Doug Barnes! Take a 1km walk or 5km run around the beautiful Birchwood Trail with your team, family, and friends. As a family-oriented event, we encourage all adults and children to participate in the Run to enjoy family time while running for a charitable cause. The CIBC Run for the Cure is open to people of all abilities and accessible to those with strollers! On Run Day, registration starts at 8:30 am, followed by speeches from our wonderful Participants of Hopes at 9:30 am. Tune in to hear remarkable women sharing their journeys, struggles, and triumphs of how breast cancer affected their own lives and learn more about the impact of breast cancer in Fort McMurray! Finally, the Run will commence at 10:00 am!

REGISTER HERE: bit.ly/3Slwx4P for Fort McMurray's Run for the Cure!

VOLUNTEER HERE: bit.ly/4e61X7r



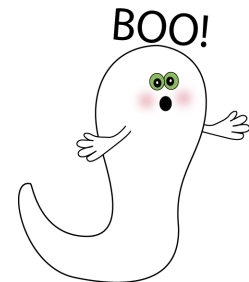
Community Events

▶ Junior Boo (Annual Halloween Fundraiser)

Date: October 19, 2024

Location: BGC Fort McMurray (20 Riedel Street)

Link: <https://maccalendar.ca/events/junior-boo-2/>



▶ The Haunting of Fort McMurray

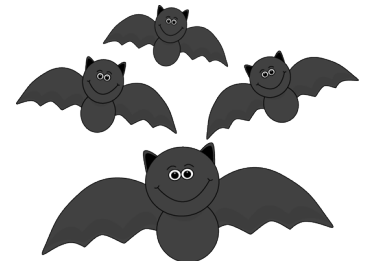
Date: October 18, 2024

Time: 6:00pm - 9:00pm

Location: 9911 MacDonald Ave

Cost: \$10

Link: <https://maccalendar.ca/events/the-haunting-of-fort-mcmurray/>



Join us for the haunting of Fort McMurray, the best haunted house experience in town! This year marks our second year running, and we guarantee to give you a fright like no other. Get ready for an unforgettable night of thrills, chills, and spine-tingling scares. 10\$ at the door.

▶ 2024 Harvest Festival

Date: October 12-13, 2024

Time: 10:00 am - 5:00 pm

Location: Fort McMurray Heritage Village (1 Tolen Drive)

Cost: \$8/ticket, under 2 is free

Link: <https://maccalendar.ca/events/harvest-festival/>

Join us at Heritage Village on October 12th and 13th for the third annual Harvest Festival – presented by Suncor! Enjoy a fun-filled day of Fall activities for the whole family. We are excited to be bringing back Chicken John’s Petting Zoo, which was a hit at last year’s event! You can also count on all of our regular activities, including the hay maze, glitter tattoos, games, photo booths, vendors market, and “pumpkin patch.” Evermore Kookie will be offering free cookie decorating again (capped at 500/day), and we will be introducing a bouncy castle and balloon room. Tickets are \$8.00 per person on the Mac Calendar and \$10.00 per person at the door. Children under 2 years are free.





Recipe Idea

▶ Chicken Bannock Pizza

Ingredients:

- Whole wheat flour (18 $\frac{3}{4}$ cup)
- Baking powder ($\frac{3}{4}$ cup)
- Canola oil (1 $\frac{1}{4}$ cups)
- Water, lukewarm (9 $\frac{1}{3}$ cups)
- Tomato sauce, canned, low sodium (3 cups)
- Mushrooms, sliced (6 cups)
- Green or red bell peppers, sliced (6 cups)
- Red onions, diced ($\frac{1}{2}$ cup)
- Chicken breasts, previously cooked, diced (11 $\frac{1}{4}$ cups)
- Mozzarella cheese, low fat (16.5% MF), shredded (3 cups)



Directions:

1. Preheat oven to 425°F
2. The dough can be mixed in one large batch or in 3 small batches to make mixing easier. Choose one of the following options:
 - a) To mix dough in **three small batches**:
In 3 large bowls, mix 6 $\frac{1}{4}$ cup flour and $\frac{1}{4}$ cup baking powder using a large wooden spoon. Make a well in the centre; add $\frac{1}{4}$ cup plus 3 tbsp canola oil and 2 cups water.
 - b) To mix dough in **one large batch**:
Place flour and baking powder in a large mixing bowl. Mix with a dough hook for 30 seconds on low speed. Add canola oil and 6 cups of the water. Mix on low speed for 6 min. adding more water as necessary until the mixture forms a stiff dough.
3. Transfer all dough to a lightly floured surface. Combine dough and knead lightly 8-10 times. Divide dough evenly into 50 portions.
4. Pat/press each portion into a flat circle approx. 5:-6" in diameter.
5. Place flattened circles onto a cookie sheet and place into oven. Bake 10-12 min. Remove from oven and let cool for 5 min.
6. Top with tomato sauce, mushrooms, green and/or red peppers, red onions, cooked, diced chicken and shredded cheese.
7. Return the pizzas back into oven and bake for 10-12 min, or until the cheese start to bubble.
8. Cut each pizza into slices and serve 1 individual pizza per serving plate.

Makes 50 slices.



Standards

FAMILY DAYHOME STANDARDS MANUAL FOR ALBERTA

This manual contains the standards for Dayhomes and Dayhome agencies to provide child care. Every month we will review a Standard.

Standard 10C: Illness

- If a program educator notices that a child exhibits any of the signs or symptoms listed below, the educator must ensure that:
 - the child's parent(s) arranges for the immediate removal of the child from the program premises; and
 - the child does not return to the program premises until the educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note, the parents declare that the child has been symptom-free for at least 24 hours).

Signs or symptoms of illness exhibited by a child include:

- a child vomiting, having a fever, diarrhea or a new unexplained rash or cough;

Family day home standards manual for Alberta 23

- a child requiring greater care and attention than can be provided without compromising the care of the other children in the program; or
- a child having or displaying any other illness or symptom the educator knows or believes may indicate that the child poses a health risk to persons on the program premises.

A family day home program must be temporarily closed if an educator's own child's symptoms fit the criteria described above.



Flight Focus

National Child Day is celebrated on November 20th, 2024 and we would like to take some time in October to discuss what this means, in preparation to celebrate in November.

- What does it mean for you and I to be a citizen in Canada? What does democracy mean and what does it look like?
- What does it mean for a child to be a citizen in Canada?
- How can we co-create a sense of democratic citizenship in your dayhome?





Activity Idea

▶ Toddler Fine Motor Activity

Supplies:

- Golf Tees (use a variety of sizes)
- Mallets
- Cardboard boxes (any type works, but bigger is better!)

Instructions:

<https://toddlerapproved.com/easy-toddler-fine-motor-skills-activity/>



Educator Professional Learning Highlights

Car Seat Safety Session: Aisha H, Khadija, Samira

The Growing Brain: Aiel

Childcare Orientation Course: Bhashini, Cassia

RMWB Indigenous Learning Series: Cristie, Geetanjali, Uzma, Titilayo, Sheri-Lynn

Anatomy of a Meltdown: Michelle A.

Picky Eater Workshop: Maria F, Meaghan, Angel, Michella A, Faiza N.

CCCF Outdoor Play Training Course: Meaghan

ASAP Module 1-3: Cassia

Parent Handbook Workshop: Trupti





Learning Story

► Welcome Fall

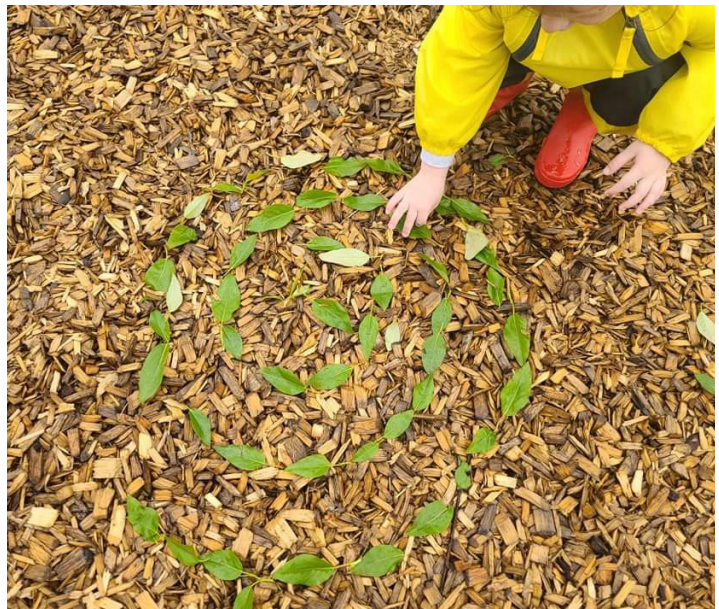
Story By Janet Huffman, Childcare Consultant. Photos from Cristina at Kiddo's Kare Dayhome.

My curiosity was peaked when I saw the pictures that were shared from Kiddo's Kare Dayhome. I wanted to know more about the provocations that were being explored. Where did this interest start? What learning do we see? What dispositions do we see in the children? What will happen next?

I met with Cristina from Kiddo's Kare dayhome and we talked through all of the above and how our role as educators to make the learning visible to families and community.

Outdoor play is a big part of the day for the children in the dayhome. They explore the trails, the greenspace and meet friends at the park regularly. In Flight we look at this under the holistic play-based goal of diversity and social responsibility. The children are learning to appreciate the natural world and recognize patterns and changes in nature. In speaking with Cristina at Kiddo's Kare Daycare, she spoke about how the children were noticing the changes in colours and she was curious how she could bring the outdoors in to expand on the learning and discovery. One child in her care told me the trees were getting cold and when they get cold they change colours. What a reflection for a 4 year old!

Last week the children did a scavenger hunt while out for their walk. Cristina spent time with them to create a container to hold the treasures. What a great way to incorporate math skills (matching) and problem solving (finding more than 1 of an object) while enjoying the outdoors!





When playing at the park, Cristina made a spiral in the ground. One child spent time and gently filled the spiral with leaves. What persistence they demonstrated in starting and finishing a project!



Back in the dayhome Cristina prepped over the weekend with some fall objects at the store. She set up the provocation in her tuff tray for the children. Using the natural fall colours she supported exploration to occur and added to the interests when the children wanted to paint. There was so much happening to support the development of children: fine motor activities, perhaps discovery of new words and objects, participating with each other and of course all through play.



This little exploration into a few photos really highlights for me how we as educators do many things in our practice, but we don't always have the language to connect it to learning or Flight.

When I look through the Flight lens, I reflect that Cristina sees the children as Mighty Learners and citizens and that they are capable and competent to lead their learning. She walks alongside them as the co-learner and co-researcher and then demonstrates the co-imaginator of possibilities when she expands on the provocation.

On a regular basis we see the dispositions to learn from the children: Playing and playfulness, persistence, participation, caring and seeking. When we scaffold these dispositions to the holistic play-based goals of Well-being, Play and playfulness, Communication and Literacies and Diversity and Social Responsibility we see childhood and learning through a different lens. We highlight the capabilities of children and how they learn when it is meaningful and engaging.

Thank you Cristina for sharing your photos and experiences. Thank you for following the children's needs and interests and basing your planning on their curiosities, because when children are curious, children will learn.

Child Development Dayhomes' Illness Policy: Children

If your child has this symptom, do not bring the child to the dayhome	Please stay home until...
<p>Fever/Chills</p> <p>*According to the Canadian Pediatric Society, normal temperatures for children are below. Anything higher is considered a fever. • Rectal: 36.6-38.0°C (97.9-100.4°F)</p> <ul style="list-style-type: none"> • Mouth: 35.5-37.5°C (95.9-99.5°F) • Underarm: 36.5-37.5°C (97.7-99.5°) • Ear (not recommended in infants): 35.8-38.0°C (96.4-100.4°F) 	<p>The child has been fever-free for 24 hours without fever-reducing medication</p>
<p>Cough/Shortness of Breath</p> <p>Nausea/Vomiting/Diarrhea</p> <p>Congestion/Sore throat/Painful Swallowing</p> <p>Unexplained Loss of Appetite/Lethargy/Unable to participate.</p> <p>Muscle/Joint Aches/Headache</p>	<p>If the symptom is improving after 24 hours, they may return to the dayhome if well enough to do so and it has been at least 24 hours since the symptom started.</p>
<p>Pink Eye – Bacterial</p>	<p>24 hours after treatment has started or the eye no longer has discharge.</p>
<p>Pink Eye - Viral</p>	<p>When symptoms are cleared.</p>
<p>New/unexplained rash</p>	<p>After seeing a doctor and/or calling 811 for advice to ensure it is not contagious to others. A physician's note may be required.</p>
<p>Head Lice</p>	<p>When first treatment is completed, and bugs and nits are picked from the child's hair so hair is clear. Complete head checks of all members of the household. Please complete the second treatment 7-10 days after first treatment.</p>
<p>Runny Nose</p> <p>Please make your best judgement when deciding to send your child to the dayhome.</p>	<p>Your dayhome educator may ask you not to bring the child or to pick up the child if the runny nose is consistent throughout the day and needs to be consistently wiped and/or it interferes with daily routines and caring for other children.</p>

The child cannot return to the dayhome premises until the dayhome program educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note, or the parents declare that the child is symptom-free).

There are no reductions in fees when your child is absent from the dayhome due to illness. You must arrange for your child to be picked up immediately if notified by the dayhome educator that your child has fallen ill or is showing symptoms at the dayhomes.