



Child Development Dayhomes November 2024 Newsletter

Information for Dayhome Educators and Families in High Level

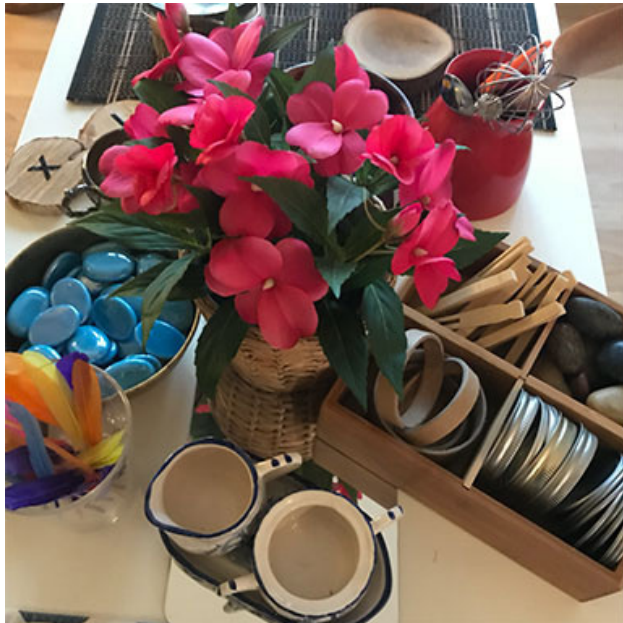
Activity Idea

▶ Literacy Invitation to Play

Children love to make special dishes and act out every day routines from their lives. Adding loose parts to your house area allows ANY kind of dish to be created and for the children to share their family lives with each other.

Rich language is used to fill their stories, and the play is limitless!

I added in different textured and coloured placemats, unique tea pots, ceramic milk and sugar set, and real kitchen utensils. These items bring so much sensorial stimulation to their play that helps children to self-regulate.



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Upcoming Statutory Holidays

(Dayhomes and office are closed)

Remembrance Day: November 11, 2024

Christmas Day: December 25, 2024

Boxing Day: December 26, 2024

New Years Day: January 1, 2025

Family Day: February 17, 2025



Parent Feedback Survey on CDDH Website



Let us know how we are doing.
Take the Parent Feedback Survey [here](#).

Attendance Records Due:

Monday, November 18 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Community Events

▶ High Level Seniors Centre Craft & Bake Sale

Date: Saturday, November 9, 2024

Time: 10:00am - 4:00pm

Location: 10201 105 Ave



Market, live music, campfire & smores, pumpkin spice coffee station, photo station, outdoor movies, haunted library and more!

▶ Jukebox Mania Fundraiser - The Village

Date: Saturday, November 16, 2024

Time: 6:00pm

Location: Flamingo Inn Lounge

Tickets: Available at the Village, 10905 100 Ave or at the Flamingo Inn front desk.



Get your team of 6 together, dress as your favourite band or music style and come “name that tune” for prizes and glory!

▶ Banners of Remembrance Day

Did you get a chance to see the banners for Remembrance on display along 100 Avenue? Please take a moment to think about the sacrifices these brave men and women made and continue to make for all of us.



▶ Triple P Online - The Village

Is Triple P Online right for your family? Understand what's within your control to change and influence for your child's benefit. Contact the Village for more info at 780-926-4668 or info@thevillagefrn.ca.

Triple P Website: <https://www.triplep-parenting.ca/alb-en/triple-p/>





Recipe Ideas

▶ Pear Cinnamon Muffins

Ingredients:

- 2 cups self raising flour, sifted
- 1/2 cup brown sugar
- 2 tsps ground cinnamon
- 3-4 ripe pears, cored and diced
- 2/3 cups milk
- 1/4 cup olive oil
- 1 egg

- 1) Preheat oven to 180°C (356°F) and lightly spray muffin tin with cooking oil
- 2) Combine the dry ingredients and carefully stir through your diced pear
- 3) Whisk your wet ingredients together and pour into a well in your dry ingredients
- 4) Carefully combine all your ingredients together without over stirring and then fill muffin tray with mix
- 5) Sprinkle the top of each muffin with some extra cinnamon and option brown sugar
- 6) Bake for 20 minutes or until done. They should spring back when pressed on top.



Source: <https://theimaginationtree.com/pear-cinnamon-muffin-recipe/>

▶ Pastino Chicken Soup

Ingredients:

- 1 tbsp olive oil
- 1/2 cup minced celery
- 1/2 cup minced carrot
- 1/2 cup minced onion
- 4 cups reduced-sodium chicken broth
- 1 cup pastina
- 1 cup frozen petite peas
- 1/2 cup grated parmesan cheese
- 1 tbsp fresh lemon zest (optional)
- salt and pepper to taste (optional)

- 1) Add the olive oil to a medium pot over medium heat. When warm, add the celery, carrot, and onion. Stir to coat and cook for 2 minutes, or until just starting to soften.
- 2) Add the broth and raise the heat to high. When the broth starts to boil, turn down the heat to medium so it simmers.
- 3) Add the pasta. Cook for about 8 minutes, stirring occasionally.
- 4) Stir in the peas, Parmesan, and lemon zest, if using.
- 5) Season to taste with salt and pepper. Serve warm.



Source: <https://www.yummytoddlerfood.com/quick-pastina-soup/>

Standards

FAMILY DAYHOME STANDARDS MANUAL FOR ALBERTA

This manual contains the standards for Dayhomes and Dayhome agencies to provide child care. Every month we will review a Standard.

Standard 10F: Animals



Where there are pets in the program home or other animals on the program property:

- children must not have access to animal/pet foods or wastes;
- children should not have unsupervised access to pets;
- pets must be vaccinated according to local veterinarian recommendations; and
- reptiles and amphibians must be kept in safe, locked aquariums or cages.

► Magic Mud Recipe

Supplies:

- 2 cups cornstarch
- 1 cup water
- 1/2 cup clean dry soil or dirt
- Optional; rubber worms
- Bowl



Generally, magic goo is a ratio of 1:2, so one cup of water to two cups of cornstarch. However, you will want to keep some additional cornstarch and water on hand if you need to get the consistency right.

Instructions:

- 1) Add the cornstarch to a large bowl.
- 2) Add the dirt and mix the dry ingredients together well.
- 3) Add the water to the cornstarch mixture and combine.
- 4) Now time for the fun part! Playing with mud! Add your worms if using and get your hands messy!

Source: <https://littlebinsforlittlehands.com/how-to-make-magic-mud/>

Learning Story

▶ Build a City

By Aruni Wickramasuriya, Dayhome Educator in Edmonton

Luke and Marcus are interested in building towers using blocks. I chose this activity to teach number recognition through their favourite blocks.

I wrote numbers on the board, not in order, and asked them to match and build the towers according to numbers.

This activity helped to develop early math skills, number recognition and counting skills.





ARTICLE 1
Everyone under 18 has special rights as children.

ARTICLE 2
All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor.
No child should be treated unfairly on any basis.



ARTICLE 3
All adults should do what is best for you. When adults make decisions, they should think about how their decisions will affect children.

ARTICLE 4
The government has a responsibility to make sure your rights are protected. They must help your family to protect your rights and create an environment where you can grow and reach your potential.

UNITED NATIONS CONVENTION ON THE RIGHTS OF THE CHILD

IN CHILD-FRIENDLY LANGUAGE



ARTICLE 5
Your family has the responsibility to help you learn to exercise your rights, and to ensure that your rights are protected.

ARTICLE 6
You have the right to be alive.

ARTICLE 7
You have the right to a name, and this should be officially recognized by the government. You have the right to a nationality (to belong to a country).

ARTICLE 8
You have the right to an identity - an official record of who you are. No one should take this away from you.



ARTICLE 9
You have the right to live with your parent(s), unless it is bad for you. You have the right to live with a family who cares for you.



ARTICLE 10
If you live in a different country than your parents do, you have the right to be together in the same place.

ARTICLE 11
You have the right to be protected from kidnapping.

ARTICLE 12
You have the right to give your opinion, and for adults to listen and take it seriously.



ARTICLE 13
You have the right to find out things and share what you think with others, by talking, drawing, writing or in any other way unless it harms or offends other people.

ARTICLE 14
You have the right to choose your own religion and beliefs. Your parents should help you decide what is right and wrong, and what is best for you.



ARTICLE 15
You have the right to choose your own friends and join or set up groups, as long as it isn't harmful to others.

ARTICLE 16
You have the right to privacy.

ARTICLE 17
You have the right to get information that is important to your wellbeing, from radio, newspaper, books, computers and other sources. Adults should make sure that the information you are getting is not harmful, and help you find and understand the information you need.

ARTICLE 18
You have the right to be raised by your parent(s) if possible.



ARTICLE 19
You have the right to be protected from being hurt and mistreated, in body or mind.

ARTICLE 20
You have the right to special care and help if you cannot live with your parents.



ARTICLE 21
You have the right to care and protection if you are adopted or in foster care.

ARTICLE 22
You have the right to special protection and help if you are a refugee (if you have been forced to leave your home and live in another country), as well as all the rights in this Convention.

ARTICLE 23
You have the right to special education and care if you have a disability, as well as all the rights in this Convention, so that you can live a full life.

ARTICLE 24
You have the right to the best health care possible, safe water to drink, nutritious food, a clean and safe environment, and information to help you stay well.



ARTICLE 25
If you live in care or in other situations away from home, you have the right to have these living arrangements looked at regularly to see if they are the most appropriate.

ARTICLE 26
You have the right to help from the government if you are poor or in need.

ARTICLE 27
You have the right to food, clothing, a safe place to live and to have your basic needs met. You should not be disadvantaged so that you can't do many of the things other kids can do.

ARTICLE 28
You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.



ARTICLE 29
Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

ARTICLE 30
You have the right to practice your own culture, language and religion - or any you choose. Minority and indigenous groups need special protection of this right.

ARTICLE 31
You have the right to play and rest.

ARTICLE 32
You have the right to protection from work that harms you, and is bad for your health and education. If you work, you have the right to be safe and paid fairly.



ARTICLE 33
You have the right to protection from harmful drugs and from the drug trade.

ARTICLE 34
You have the right to be free from sexual abuse.

ARTICLE 35
No one is allowed to kidnap or sell you.

ARTICLE 36
You have the right to protection from any kind of exploitation (being taken advantage of).

ARTICLE 37
No one is allowed to punish you in a cruel or harmful way.



ARTICLE 38
You have the right to protection and freedom from war. Children under 15 cannot be forced to go into the army or take part in war.

ARTICLE 39
You have the right to help if you've been hurt, neglected or badly treated.

ARTICLE 40
You have the right to legal help and fair treatment in the justice system that respects your rights.

ARTICLE 41
If the laws of your country provide better protection of your rights than the articles in this Convention, those laws should apply.

ARTICLE 42
You have the right to know your rights! Adults should know about these rights and help you learn about them, too.



ARTICLES 43 TO 54
These articles explain how governments and other organizations will work to ensure children are protected with their rights.

EVERY CHILD HAS SOMETHING IN COMMON - THEIR RIGHTS!