



Child Development Dayhomes February 2025 Newsletter

Information for Dayhome Educators and Families in High Level

Parent 2024 Tax Receipts

All parent tax receipts have been emailed out. If you have not received yours, please contact us.



Follow us on Social Media



Upcoming Educator Workshops

▶ Promoting Sensitive Interactions with Children

Date/Time: Feb. 12, 2025 - 6:00pm-9:00pm

Online: ARCQE's Zoom Virtual Platform

▶ Meeting the Challenge

Why are interactions between caregiver and child so important? This interactive workshop is a resource to support techniques and strategies for front line professionals enhancing quality child care particularly Adult/Child Interactions.

Link to register: Click [here](#).

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Family Day: February 17, 2025

Good Friday: April 18, 2025

Easter Monday: April 21, 2025

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Victoria Day: May 19, 2025

Canada Day: July 1, 2025

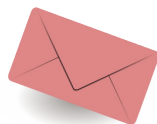
Civic Holiday: August 4, 2025

Labour Day: September 1, 2025

Truth and Reconciliation Day: Sep. 30, 2025



Parent Feedback Survey on CDDH Website



Let us know how we are doing.
Take the Parent Feedback Survey [here](#).

Attendance Records Due:

Monday, February 17 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Community Events

▶ Fort Vermilion School Division

Teacher's Convention - No school February 12,13,14th and closed for the 17th for Family Day.



▶ Frostival

Date: February 22, 2025

This year marks a decade of winter fun, and we're planning something truly unforgettable. Keep an eye on the [Town of High Level Facebook page](#) for updates.



▶ Free Counselling Therapy Services

If you would like to be connected to one of our counsellors you can email us at COUNSELLINGINTAKE@MCHB.ORG or call us at 1-825-333-6242



▶ Groovy Kids Club Day Camp (Grades 1 -3)

Dates: February 12, 13, 14
April 22, 23, 24, 25

Time: 8:00am - 5:00pm

What to bring: weather appropriate clothing, indoor shoes, lunch and 3 snacks, sater bottle

Website: [Link](#)



For more information, please call 780-821-4010,
email: FcssLeader@HighLevel.ca



Recipe Idea

▶ Banana Bread Muffin Tops

Have a recipe you want to share in the next newsletter?
Email jennifer@childdev.com

Recipe from [Oh She Glows](#), submitted by Nelia Horvath

“This is one of my favourite zero sugar recipes. Can easily be eaten as breakfast or an anytime snack (especially because I replace the chocolate chips with walnuts, pumpkin seeds, or other seeds/nuts). Also, I don't own a processor so this works just fine in my blender.” – Nelia H.

Ingredients

2 large ripe bananas, peeled (230 grams banana without peel)
1/2 cup packed pitted Medjool dates (125 grams pitted dates)*
1/4 cup virgin coconut oil
1 teaspoon pure vanilla extract
1 teaspoon cinnamon
1 teaspoon baking powder
1/4 + 1/8 teaspoon fine grain sea salt
2 cups gluten-free rolled oats, divided
3-4 tablespoons non-dairy chocolate chips (or chopped dark chocolate)



Directions

- Preheat oven to 350F and line a large baking sheet with parchment paper.
- Add the peeled bananas, pitted dates, coconut oil, and vanilla into a food processor. Process until smooth. I let it run for a minute or so.
- Add in the cinnamon, baking powder, and salt and process again until combined.
- Add in 1.5 cups of the rolled oats and process for only 4-5 seconds, just long enough to roughly chop the oats.
- Remove processor from the base and then remove the blade and set aside. Carefully stir in the remaining 1/2 cup rolled oats and the chocolate chips.
- Spoon a large portion of dough (about 3-4 tablespoons or so for each) onto the parchment. Do not press down on the dough to flatten - simply leave it in a mound on the baking sheet.
- Bake cookies for 10 minutes, rotate the pan, and bake for another 7-9 minutes until golden brown on the bottom.
- Immediately transfer the baking sheet onto a cooling rack for 10 minutes. Then lift off muffins and place on the rack to cool completely.

Tip: Make sure you use very soft Medjool dates. If you are using firm dates, be sure to soak them in water until softened before proceeding with recipe.



Activity Ideas

▶ Indoor Games to Play with your Toddler

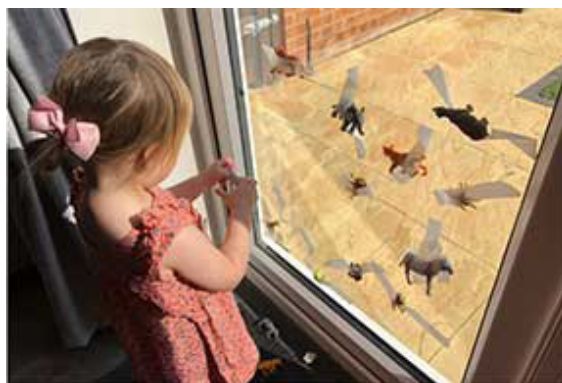
For a full list of games, please visit: <https://www.madeformums.com/toddler-and-preschool/26-indoor-games-to-play-with-your-toddler/>

Rescue the Animal

Prep time: 3 mins

Materials: Toy animals, masking tape

Gather up some toy animals (or cars or small dolls) and a roll of masking tape. Use strips of masking tape to stick the toy animals, one by one, to a window or a door. Then encourage your child to 'rescue' the toys by carefully peeling/pulling off the tape. It's a fun game for toddlers that's really good for developing fine-motor skills and hand-eye co-ordination.



Make a Toy Garage

Prep time: 20 mins

Materials: Cardboard box, cardboard tubes, glue, toy cars

With a cardboard box, some toilet paper rolls or kitchen roll tubes, scissors and sticky tape, you can create this homemade toy-car garage for toddlers, which we first spotted when it was posted by mum Leanna Bannister on the Family Lockdown & Tips Facebook group. How to make it? Leanna tells us: "I simply turned a nappy wipes box on its side, taped different cardboard rolls together and slid them into the box! My son Vinnie loves pulling all the cars out, then working out which cars can fit in which tubes! So simple to make and hours of fun!"



Hunt the Teddy

Prep time: None

Materials: Teddy

Hide Teddy (or another favourite soft toy) somewhere in the room (where your child can reach it) and go looking for Teddy together. Perhaps Teddy will 'magically' squeak when you get near (how are your ventriloquism skills?). Older toddlers might enjoy hiding Teddy for you to find, too.



Standards

FAMILY DAYHOME STANDARDS MANUAL FOR ALBERTA

This manual contains the standards for Dayhomes and Dayhome agencies to provide child care. Every month we will review a Standard.

Standard 13: Visual Identity

- Programs must display the visual identity for family day homes in a prominent place in the program residence while they are approved.
- If a program does not maintain approved status, they must remove all logos from their residence.



Standard 4C: Outdoor play space

- The program must ensure that children have access to outdoor play space.
- If the outdoor play space is part of the program residence, it must be securely enclosed.
- If the outdoor play space is not part of the program residence, it must be within a safe and easy walking distance.

Learning Story

Trajectory Schema

Story By Racela Aquino, Dayhome Educator in Edmonton

I noticed Jude and Slyvia taking turns patiently while building a tower by putting one play dough container on top of one another. I observed so much fun, joy and excitement as soon as they built the tower and both yelled “I did it” (so much achievement and acknowledgement in their voices on building a tall tower) while running to me to give me a high five to shared their happiness and pride on an accomplished task!

Knocking over block towers is certainly an incredibly exciting experience for these two little ones! It is also part of the trajectory play schema (interest on building things and observing or problem solve on how to keep them together/ movement and how objects move/land).

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Learning Story continued...

When Jude and Slyvia knock things over, they learn so much about how objects move (one could hit it lightly and didn't make so much noise on the floor or knock it over unexpectedly and made a loud bang on the floor). Each time they knock over their tower, I can see on their faces the recognition that something slightly different happens. The fall is different if Jude kick a tower versus if Slyvia pushes it with her hands. The trajectory of the playdough container is different if it is a light push or a strong push. I would say that this play was a huge success and will continue exploring more.

I wonder what happens if Slyvia and Jude would have knock out a block from the bottom of the tower versus from the middle or the top? The learning opportunities are endless! In the future, I will try to provide an opportunity for the children to extend or experiment on trajectory schema by providing more loose parts or building toys to play with while incorporating the rest of the play schema.

