



Child Development Dayhomes March 2025 Newsletter

Information for Dayhome Educators and Families in Fort McMurray

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of March

Geetanjali Singh	6 years		Uchenna Aghanya	3 years
Geeta Patel	6 years		Arlyn Palustre	2 years
Cristie Bosgra	3 years		Cassia Bondezzan	1 year
Salma Akhtar	3 years			

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Good Friday: Apr. 18, 2025

Easter Monday: Apr. 21, 2025

Victoria Day: May 19, 2025

Canada Day: July 1, 2025

Upcoming Educator Workshops

▶ StoryPark Review

Date: March 15, 2025 9:00am - 12:00pm

Location: Redpoll Centre

We will be exploring Storypark, focusing on educator profiles, documentation, and learning stories.

▶ Autism and Neurodiversity Awareness Training

Date: March 31, 2025 12:00pm - 2:00pm

This is a two-hour training session facilitated by the Autism Society of the RMWB. During this two-hour session, you will learn how to support individuals of all ages living with disabilities throughout their lives. Training is appropriate for caregivers, professionals, family, friends, employers and coworkers, and anyone who supports someone living with a disability or wants to expand their knowledge of neurodiverse individuals. This training will offer a certificate upon completion.

Parent 2024 Tax Receipts

All parent tax receipts have been emailed out. If you have not received yours, please contact us.

Happy Birthday to the following Educators!

Kathlyn, Aiel, Elianne and Shamaila



Car Seat Info Sessions

Upcoming Date: Mar. 7

More [info](#).



Attendance Records Due:

Tuesday, March 18 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Community Events

▶ Children's Book Launch & Free Family Yoga

Date and Time: March 2, 2025 2:30pm - 3:30pm

Join local author Tara MacDougall and Yoga Solutions for a family fun afternoon.

The whole family will enjoy a reading from the newly released children's book Jannie the Cheetah. [sign up.](#)

▶ Bowl for Kids' Sake (Big Brothers Big Sisters)

Date: March 22, 2025 2:00pm - 9:30pm

Link: <https://maccalendar.ca/events/bowl-for-kids-sake-2025/>



▶ Dinosaur Adventures

Date: March 22, 2025 11:00am - 5:00pm

Link: <https://maccalendar.ca/events/dinosaur-adventures/>

Meet & play with Archie and his dino friends, bouncy castles & bubble houses, inflatable games, tons of mascots, etc. Cost: \$30/child. Children 3 and under – FREE.



▶ Shamrock Shenanigans

Date and Time : March 15, 2025 9:00 am

Location: MacDonald Island Park

Cost: \$17.31/ticket **Link:** <https://maccalendar.ca/events/shamrock-shenanigans/>



▶ Milk and Cookies Children's Gala

Date: March 22, 2025

Location: Unifor Local 707 A Building - 10019 MacDonald Ave

Link: <https://maccalendar.ca/events/milk-and-cookies-childrens-gala/>

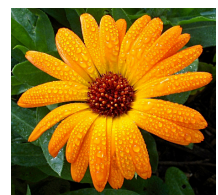


▶ Spring Market

Date and Time: March 29, 2025 11:00am - 4:00pm

Location: Father Beaugard School

Link: <https://maccalendar.ca/events/spring-market/>





Recipe Idea

Have a recipe you want to share in the next newsletter?
Email jennifer@childdev.com

▶ Best Oatmeal Chocolate Chip Cookies

Submitted by Crystal Durrant

INGREDIENTS

- o 1 large egg
- o 1/2 cup unsalted butter, softened to room temp (1 stick)
- o 1/2 cup light brown sugar, packed
- o 1/4 cup granulated sugar
- o 1 tablespoon vanilla extract
- o 1 1/2 cups old-fashioned whole rolled oats (not instant or quick cook)
- o 3/4 cup all-purpose flour
- o 1/2 to 1 teaspoon cinnamon, added to taste
- o 1/2 teaspoon baking soda
- o pinch salt, optional and to taste
- o 1 heaping cup semi-sweet chocolate chips
- o 1/2 cup raisins or nuts, optional and to taste



INSTRUCTIONS

To the bowl of a stand mixer fitted with the paddle attachment (or large mixing bowl and electric mixer) combine the egg, butter, sugars, vanilla, and beat on medium-high speed until creamed and well combined, about 4 minutes.

▶ Lii Boulettes (Meatball Soup)

INGREDIENTS

- o 1 lb ground bison, moose or beef
- o 1/2 cup minced (small-diced) onion
- o 1/2 tsp ground black pepper
- o 1/2 tsp salt
- o 2 tbsp water
- o Flour for dusting the meatballs

- o 10-14 cups water
- o 3 chopped potatoes
- o 2 chopped carrots
- o 1 chopped onion
- o 2 bay leaves
- o Salt and pepper

INSTRUCTIONS

Mix all ingredients in a bowl. Mix thoroughly. Mixing and kneading the meat will make the meat stick to itself and will make meatballs that don't fall apart while cooking. Divide the meat mixture into 10-14 meatballs. Dust the meatballs in flour.

Boil water and seasonings. Drop meatballs into the water and boil for 20 minutes. Add chopped veggies and boil for another 20 minutes.



Source:
[Meeting My Ancestors](#)



Activity Ideas

▶ How to Make Oobleck (Dr. Seuss Science Activity)

This activity is suitable for all ages as it is good sensory play for younger children and an invitation for science experiments for older children learning about types of matter. Is Oobleck a liquid or a solid? Children may want to make some predictions, while the educators can pair this activity with the book “Bartholomew and the Oobleck.”

Ingredients:

(It only takes 2-3 ingredients)

- Corn Starch
- Water
- Food Coloring (optional)

Instructions:

1. In the 1 cup of water, add 8-10 drops of food coloring and mix.
2. Place corn starch into a bowl and add the green water.
3. Mix together with a spoon, it'll be hard but keep mixing. If it seems a little dry, then add a little bit more water.
4. It's like a solid and liquid at the same time and it's called A non-Newtonian fluid. Form it into a ball and watch it melt into a liquid through your fingers.

Source: <https://www.naturalbeachliving.com/how-to-make-oobleck/>





Flight Focus

▶ Learning Stories

“A Learning Story is one approach to documenting children’s dispositions to learn within daily experiences of care, play, learning and development. Learning Stories can provide families with documentation of their children’s learning. Documentation can help educators to reflect on their curriculum decisions for the design of environment as well as their interactions with children.” Page 62 - Flight.



Educator Professional Learning Highlights

The Working Mind Employee Program
-Marivic

Leading Nature-based Teaching - Najma

Mind Up for Life - Vandana, Sumaira

Mastering Mixed Age Groups -Vandana

Parent Handbook Workshop -Vandana



Kick-off to Coding: Coding Unplugged - Hamidah

SET the Table for Success! – Support Positive Mealtimes in Early Learning and Child Care Educators
-Hamidah

Navigating Grief and Loss for Dayhomes - Vandana

Possibilities for Practices (PfP) Learning Series
-Sumaira

The **Métis Dayhome Program** aims to support Métis Albertans in opening licensed day homes, made possible in partnership with Apeetogosan Métis Development Inc. Successful applicants will receive a one-time \$20,000 grant. For more information and how to apply, click [here](#).

Parent Feedback Survey on CDDH Website

Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



Follow us on Social Media





Learning Story

▶ Outdoor Arctic Adventure

By Michelle Aveno, Dayhome Educator

With the warm weather, we brought our arctic animal exploration outdoors for an engaging, hands-on experience. I set up a sensory table complete with an igloo and various arctic animals for the children to explore. Together, we read a book about arctic creatures, identified and named the animals, and discussed their unique features and icy habitat. This activity encouraged language development, critical thinking, and environmental awareness while also sparking creativity and collaboration as the children imagined life in the Arctic.



More photos on next page...

