



Child Development Dayhomes May 2025 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

Congratulations!

To the following dayhome educators celebrating their anniversaries
with Child Development Dayhomes in the month of May

Shazia Maqbool	17 years	Tooba Saeed	7 years
Chadel Domingo-Salud	15 years	Maryan Massey	5 years
Kausar Lodhi	8 years	Jini Peter	2 years
Josephine Abamonga	7 years	Uma Kanwar	1 year



Follow us on Social Media



Parent Feedback Survey on CDDH Website

Let us know how we are doing.
Take the Parent Feedback Survey [here](#).



May is Educator Appreciation Month



“As an educator, you are always evolving your practice within multiple relationships. You may sometimes think of yourself as a gardener or an artist, sometimes a plumber or handy fixer of small toys, and sometimes a builder and designer of spaces. Caring for children and their families, you take on many roles while keeping in mind an image of the child: a strong, capable, and resourceful learner and citizen.” Pg. 52-53 *Flight Framework*

Attendance Records Due:

Thursday, May 22 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Upcoming Statutory Holidays

(Dayhomes and office are closed)

Victoria Day: May 19, 2025

Canada Day: July 1, 2025

Civic Holiday: August 4, 2025





Community Events

► International Children's Festival

Date: May 29 - June 1, 2025

Location: St. Albert downtown

Hours: 9:30am - 3:00pm (4:00pm on Sat and Sun)

Website: <https://stalbert.ca/exp/childfest/>



► Edmonton Spark

Runs for 10 days, starting at the end of May.

Cost: Free

Website: <https://www.edmontondowntown.com/spark-2/>

We bring in art installations from around the world and energize the spaces near them with dance parties, concerts, dog parties, family-friendly events and a good old fashioned block party. Every year is different.



► Ukrainian Festival

Date: May 30-31, 2025

Location: Borden Park

Cost: Free entry

Website: <https://ufest.ca/>

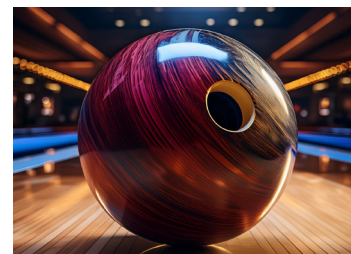
UFest Edmonton Ukrainian Festival is a celebration of Ukrainian culture, food, music, visual arts, crafts and dance.



► Kids Bowl Free

Kids Bowl free every day, all summer long! 2 free games every day. Go to the website and click on "Find a Kids Bowl Center Near You".

Website: <https://www.kidsbowlfree.com/index.php>





Recipe Idea

► Slowcooker Burrito Bowls

Source: [Food Guide Canada](#)

Have a recipe you want to share in the next newsletter?
Email jennifer@childdev.com

Ingredients:

2 boneless skinless chicken breast
1 1/2 cups canned (no salt added) diced tomatoes
1 1/4 cups lower sodium chicken broth
2 tsp chili powder
1 tsp ground cumin
1 tsp garlic powder
1 can black beans, drained and rinsed
1 cup uncooked brown rice
1 cup frozen or canned (no salt added) corn
Optional toppings: lower fat shredded mozzarella,
lower fat plain yogurt, lower sodium salsa, diced fresh
avocado.



Directions:

- 1) Lightly spray inside of large slow cooker with cooking spray.
- 2) In a large slow cooker, combine the chicken, diced tomatoes (with juice), chicken broth, chili powder, cumin, and garlic powder. Make sure the chicken broth covers the chicken, adding more if needed. Cover and cook for 3 to 4 hours on the low setting.
- 3) Uncover and stir in the beans, brown rice, and corn. Cover and cook for another 3 to 4 hours on the low setting.
- 4) In the last hour of cooking, check the brown rice occasionally, stirring once or twice to make sure it cooks evenly and adding more chicken broth if the mixture seems dry. Cooking is done when the brown rice is tender.
- 5) Remove the chicken and place in a large bowl or cutting board. Use 2 forks to shred the chicken into bite-sized pieces. Transfer the chicken back to the slow cooker and mix. Serve in individual bowls alongside optional toppings of choice.
- 6) Serve in individual bowls alongside optional toppings of choice.



Activity Ideas

► Explore a New Playground

Playgrounds offer dynamic physical environments where children can engage in activities that boost overall strength and cardiovascular health. They encourage running, climbing, jumping, and swinging, which build muscle, enhance coordination, and improve balance through repeated, varied movements. As children navigate the equipment, they practice problem-solving and decision-making skills in real time, weighing risks and calculating the best movements to take. The following are some playgrounds you can explore in the Edmonton area!

<https://edmontonplaygrounds.net/spruce-grove-natural-playground/>

<https://edmontonplaygrounds.net/kensington-school/>

<https://edmontonplaygrounds.net/hardisty-school/>

<https://edmontonplaygrounds.net/michaels-park-north-milbourne-community-league/>

<https://edmontonplaygrounds.net/bertha-kennedy-school/>



► Nature Observation Bingo

Materials:

[Nature Observation Bing Card](#)

Paper

Pencil, crayons, or markers

Optional: Smartphone or camera



Instructions: <https://www.pbs.org/parents/crafts-and-experiments/nature-observation-bingo>



Learning Story

▶ Tuned In

Story By Jeane Paul Bustamante, Dayhome Educator

Rejea and Blake settled in to share a book. Rejea, who loved reading and appreciated a good story, invited Blake to join him. “Blake, come sit here,” he said, pointing to a blue chair across from him, where he was showing off pictures of different sea animals.

Blake smiled and sat, ready to listen to the world that Rejea was about to bring. Watching them from a distance, it was clear just how connected they were. Rejea’s lively expressions and emphasis on certain parts made the characters jump off the page. At the same time, Blake listened intently, fully absorbed in every word. Sharing a story showed how a simple story can make a bond, a nice moment of friendship.





Learning Story

▶ Be The Reason Someone Smiles

Story By Jeane Paul Bustamante, Dayhome Educator

After Czia and Maddison finished putting the puzzle together, they hopped and laughed as they jumped from one number to another. Rejea approached and said, “Nanay, I feel so alone.” I said, “I wondered what would make Rejea happy.” He replied, “I want to play with them,” referring to Maddison and Czia.

I asked Rejea what he should say to Czia and Maddison. He approached them and asked, “Can I play with you, please?” Maddison responded, “Come on, Rejea,” and Czia added, “Sure!” Rejea hopped sideways, showing his happy face to them.

Maddison then said, “One by one, okay?” Czia started hopping, followed by Maddison, and then they called out, “Your turn, Rejea!” Everyone took their turn, giggling and moving around happily.



A simple act of kindness can turn a regular day into something special for someone. It can boost their mood and create a sense of connection. I appreciate your showing us this with thoughtful gestures and encouraging words. Your kindness has made your friend's day better and will also motivate him to spread positivity to others. Thanks for being such a great example of compassion and generosity. Well done, girls!

