



Child Development Dayhomes

August 2025 Newsletter

Information for Dayhome Educators and Families in High Level

Since 2021, it has been our privilege to work in supporting licensed childcare and nurturing the growth of dayhomes in your community. We've been honored to support educators and help families access quality care.

As of August 31, 2025, we will be concluding our operations in High Level. From the beginning, our role was never meant to be permanent, but rather to help build a strong foundation for licensed childcare in the region. We are proud of what's been accomplished and deeply grateful for the relationships we've built along the way.



In preparation for this transition, we've reached out to the childcare champions of High Level, including the Town itself, with the hope that a local solution for oversight and support will emerge. Our greatest wish is that licensed dayhomes continue to thrive and grow—led by those who know and love this community best.

Flight Focus: Valuing Environmental Sustainability

Deeply connecting with/in our physical world begins with being responsibly playful in nature. In early childhood communities, this means spending time outdoors, planting gardens, and creating imaginary worlds in nature through play. Valuing environmental sustainability means developing a stewardship of nature and living things through learning and watching and acting and caring about the world, on the ground, in the water, and through the air. Pg 21

Parent Feedback Survey on CDDH Website



Let us know how we are doing.
Take the Parent Feedback Survey **here**.

Attendance Records Due:

Tuesday, August 19 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.



Recipe Ideas

▶ Berry Loaf



See Page 4

▶ Strawberry Cobbler



See Page 5

Activity Ideas

▶ Crayons on Wood

Materials:

-Liquid watercolors, piece of sanded scrap wood, crayons, brushes

Setting up this Play Invitation:

1. Collect pieces of scrap wood, choosing different sizes and shapes. Sand the surface and edges to avoid splinters.
2. Organize the crayons and place them on a table with the sanded wood pieces.
3. Prepare the watercolors with the brushes.

How to Create the Painting:

1. Have children draw wild and wonderful lines all over the piece of wood. Offer a variety of crayons.
2. When children finish their drawing, invite them to paint over the wood drawing with watercolors.

More [here](#).

▶ Sounds All Around Us

Setting up this Play Invitation:

Choose a path to take the children, that is interesting and diverse in terms of sounds.

How to Explore the Sounds:

1. Take your children for a silent walk outside your school.
2. Pay attention to all the sounds that you hear, for example, birds, wind, cars, people, and rain.
3. Encourage children to reflect on those sounds by asking questions like:
 - What sounds are you hearing right now?
 - How many different sounds?
 - How are they changing?
 - What's the loudest sound?
 - The best sound?
 - The ugliest sound?
 - What sounds would you like to hear instead of these ones?

Website: <https://wunderled.com/play-in-vitations/sounds-all-around-us/>



Learning Story

► Sack Race and Rock Relay

Story By Cristie Bosgra, Dayhome Educator in Fort McMurray

Here comes my little learners, bouncing with excitement as they prepare for another thrilling activity, the sack race and rock relay! Their faces are filled with joy, making every moment a joyful celebration of movement. As they hop in their colourful sacks, the sound of laughter and encouragement resonates, turning this aerobic exercise into a delightful showcase of their spirited friendship.



As I watched, I was captivated by the remarkable patience displayed by the younger children. They were smiling as they studied how their older peers skillfully guided the game, soaking every detail with anticipation for their chance to shine. Soon, it was their turn, and their eyes sparkled with excitement as they joined in the fun.

Berry Loaf

- 1 3/4 cups all purpose flour
- 1/2 cup sugar
- 2 tsp baking powder
- 1 tsp baking soda
- 1/2 tsp salt
- 1 cup yogurt (lemon or lime flavour if available)
- 1/4 cup vegetable oil
- 2 eggs
- 1 tsp grated lemon zest
- 1 cup fresh or frozen berries (raspberries, saskatoons)



Variation: Substitute berries with sour cherries (Evans, Juliet, Cupid, Carmine Jewel), and substitute lemon zest with almond extract. Use plain or vanilla yogurt.

Preheat oven to 350 F. Spray a 9 x 5 inch loaf pan with non-stick spray and set aside.

In a large bowl, combine flour, sugar, baking powder, baking soda and salt. Set aside.

In a medium bowl, whisk together yogurt vegetable oil, eggs and zest. Add wet ingredients to flour mixture and stir just until moistened. Fold in the berries.

Pour batter into pan and bake for 50 minutes (or until tooth pick comes out clean). Cool loaf in the pan for 10 minutes. Remove from pan. Let cool completely before slicing.

Modified from Crazy Plates cookbook

Submitted by Grunthal Berries

Source: pfga.com

Strawberry Cobbler

- 4 cups frozen strawberries, thawed and drained
- 1 cup juice from strawberries and water to yield
- 3/4 cup sugar
- 2 Tbsp cornstarch
- 2 Tbsp lemon juice
- 1/2 tsp cinnamon
- 2 cups flour
- 2 Tbsp sugar
- 1 tsp salt
- 6 Tbsp shortening
- 1 cup milk

Preheat Oven to 375 F

Combine juice, sugar, cornstarch and cook until mixture thickens. Add lemon juice, cinnamon and strawberries. Pour into greased 1 1/2 quart casserole dish or baking pan. Mix remaining ingredients to make biscuit dough and drop onto fruit. Bake 35-40 minutes. Enjoy warm with ice cream or cream.



Source: pfga.com