

Child Development Dayhomes September 2025 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

Congratulations!

To the following dayhome educators celebrating their anniversaries with Child Development Dayhomes in the month of September

Nadia Bibi	12 years	Sheila Salcedo	7 years
Uzma Tariq	12 years	Christy Poetsema	7 years
Emilie Domingo-Alcon	12 years	Melyn Lopez	6 years
Madelyn Corpuz	9 years	Ashmika Nand	4 years
Sandeep Kaur Chahal	9 years	Ma Mae Lusung	4 years
Asma Shahab	9 years	Teresita Pajarit	4 years
Rong (Renee) Sun	9 years	Jhoan Swanson Dela Cruz	3 years
Fang (Emma) Xu	8 years	Samantha Madland	2 years
Geralden Gran-Pait	8 years	Neha Kumar	2 years
Deming Duran	8 years		



Congratulations ECE Graduate!

Level 2 Certificate
Gaytree Bhoyroo



Upcoming Statutory Holidays

(Dayhomes and office are closed)

Labour Day: Sep. 1, 2025



Truth and Reconciliation Day: Sep 30, 2025

Attendance Records Due:

Sunday, September 21 by 6:00pm

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

Launch of the Alberta ECE Bursary Program

On August 18, 2025, the Government of Alberta announced a new bursary program for up to 300 aspiring and advancing early childhood educators in Alberta over a three-year period. Alberta's government is investing more than \$3.3 million from the Canada-Alberta Canada-Wide Early Learning and Child Care Agreement to make it easier to study close to home. This program provides financial support to students pursuing an early learning and child care (ELCC) certificate at an approved Alberta institution. Whether you're just beginning your journey as an early childhood educator or looking to expand your skills, this bursary can help you succeed.

Learn More & Apply Today





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Community Events

Callingwood Fall Carnival

Date: September 20, 2025 **Time:** 12:00pm - 4:00pm

Location: 69 Ave & 178 St. (The Marketplace at Callingwood)

Facebook Page: Link



Enjoy fall-inspired treats, festive entertainment, and fun for the whole family. Watch magic shows, laugh along with circus performers, and spot the stilt walkers towering above the crowd. Live music will fill the air with energy and fall spirit. Kids will love the petting zoo, bouncy castle, games, and creative activities throughout the afternoon. It's a free community event you won't want to miss.

Movie Night in the Park

Date: September 6, 2025 **Time:** 6:30pm - 9:30pm **Location:** 924 Picard Dr. NW

Admission: Free Facebook Page: Link

Hosted by the Lewis Estates Community League, this free family-friendly event features an open-air screening of The Wild Robot, starting at dusk, followed by a spectacular fireworks display to close out the night. Arrive early to enjoy the lively night market and vendor village, opening at 5:00 PM, with delicious local eats, treats, and fun activities for all ages. Bring your lawn chairs, blankets, and friends for a cozy, feel-good night.

Harvest Festivals

Edmonton Apple Cider Celebrations | Three Weekends in September

Join Operation Fruit Rescue Edmonton for 3 unforgettable Saturdays of apple pressing, youth-friendly workshops, and good old-fashioned orchard magic.

Pumpkins After Dark | September 26 - October 31, 2025

Pumpkins After Dark is Canada's award-winning outdoor Halloween event. Featuring over 10,000+ hand-carved pumpkins, this one-of-a-kind walk-through experience is the must-see event of the fall season.

Greenland Garden Harvest Festival | October 5, 2025

Greenland Garden Harvest Festival is a fun event for the whole family! Hayrides, marshmallow roast, the best corn on the cob and more!



Fall-o-Ween Pumpkin Fest | September and October Weekends

The season kicks off with the Fall-o-Ween Harvest Fest - a month long September weekends celebration of the great pumpkin patch. Prairie Gardens is the furthest north blue pumpkin farm in the world! Enjoy guided tours around the farm, farm fun activities, U-picks and more.



Recipe Ideas

Pumpkin Hummus



See Page 7





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Activity Ideas

Fall Process Art Ideas



Website Link: https://pocketofpreschool.com/19fall-process-artideas/



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Upcoming Educator Workshop

Picky Eaters

Date: Monday, Sep. 15, 2025

Time: 6:30-8:00pm Location: Zoom

Presenter: Jennifer House, MSc, RD **Cost:** \$50 and approved for PD Funding,

and 1.5 hours of release time.

Register here.

Feeding Relationships

Date: Monday, Oct. 6, 2025

Time: 6:30-8:00pm **Location:** Zoom

Presenter: Jennifer House, MSc, RD **Cost:** \$50 and approved for PD Funding,

and 1.5 hours of release time.

Register here.

Decolonizing Gender Workshops

Session 1: Becoming Conscious Allies

Speaker: Rae Madge

Date: Thursday, Sep. 18, 2025

Time: 6:30-8:00pm

Address: 4059 Orchards Drive SW RSVP to jennifer@childdev.com or your

consultant.

Session 2: Two-Spirit/Indigiqueer Pasts,

Presents, and Futures Speaker: Rae Madge

Date: Thursday, Oct. 23, 2025

Time: 6:30-8:00pm **Address:** 16430 97 Ave

RSVP to jennifer@childdev.com or your consultant.

2025 Minister's Awards of Excellence in Child Development

The nomination guidelines for details on eligibility, the nomination process, and an online application form can be found at alberta.ca/childdevelopmentawards.

Day Home Start Up Pilot Program for Métis ECE's

This grant program aims to provide Métis ECEs and caregivers with access to funding and cultural support in opening and operating day homes. For more information, visit https://albertametis.com/programs-services/children-family-ser-vices/metawetan-early-learning-and-child-care-centre/day-home-startup-program/





Learning Story

Engaging in Process Art Experiences

Story By Cecil Bangcal Dayhome Educator

Process art is all about playful exploration and creative expression. It is not what the children make that matters but what they discover while making. It is not the end result but the experience it provides.

Recently, I noticed the children were showing profound interest in making process art during their free play. In view of this, I provided them with various activities to foster this interest.



The first activity was painting on a shower curtain. When I invited Kaia and Madison, their face lit up with excitement and curiosity. Both of them got the paintbrushes and began to paint right away. I noticed Kaia painted her hand and made handprints on the curtain while Madison stirred the paints in each cup of the muffin tray before painting. They have fun mixing the paints and enjoy the sensory experience as they feel the paints with their hands. Evidently, both of them love to explore using their senses and employ flexible and fluid thinking.

When it was Paul and Fritz's turn, I was amazed with how they express their ideas and tell stories through their paintings. I saw the pride in Paul's eyes as he described his artwork.



"This big tree is the house for the birds and squirrels. They sleep here on rainy and sunny days," he said with a smile. Paul demonstrates a caring disposition and love of nature.

On the other hand, Fritz reminisced and shared happy and beautiful memories with his parents.

"I am drawing big waves in a wave pool. I love to go swimming there with Mommy and Daddy," he exclaimed joyfully. Fritz values his family, his connection and sense of belonging.

Next, the watercolor painting activity was a big hit to Kaia and Madison. While Kaia enjoyed splashing and spilling the water on the table, Madison chose to paint on the floor and wall.

Their eagerness to experiment, discover and explore the properties of materials was clearly evident.

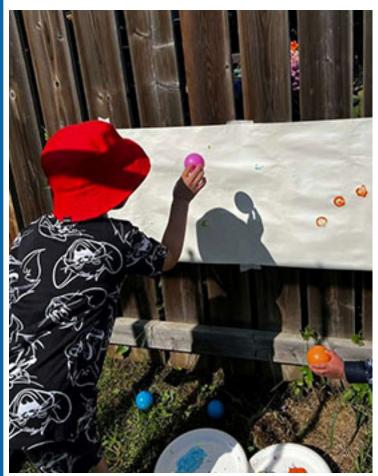




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Lastly, painting using their favorite toys was a great way to encourage creativity and imagination. I allowed them to choose the colors of paints, the balls and the kind of toy vehicles they wanted to use in this process art activities. What made it entertaining for them was when they imitated the sounds the vehicles made while pushing them back and forth on the paper. They were delighted to see the prints on the paper. Everyone spent a significant amount of time engaging in this activity.





Using the balls, Fritz had fun tossing them one by one to the paper on the fence after dipping them in paint. Meanwhile, Madison and Kaia chose to gently and carefully pressed the paint-covered balls onto the paper. Each one shows a unique way of learning and engaging with the activity. While Fritz explored through movement and cause and effect, Madison and Kaia showed a more tactile and cautious approach.

Through engaging in different process art experiences, the children were given the opportunities to take the lead, make decisions, build their confidence and problemsolve. They also have fun exploring, experimenting and discovering ideas and materials freely. These skills and abilities are essential for their growth and development.

I will continue to support and extend the children's interests by offering meaningful and relevant activities through the use of a variety of open-ended materials.



Pumpkin Hummus for Kids



The perfect fall themed healthy snack—Pumpkin Hummus for Kids! It's delicious and even looks like a cute pumpkin!

Course Snack
Cuisine American

Keyword Pumpkin Hummus for Kids

Prep Time 5 minutes
Total Time 5 minutes

Servings 3

Calories 200kcal

Ingredients

- 2 can drained chickpeas (garbanzo beans), canned
- 15 ounce pumpkin, canned
- 2 tablespoon Tahini
- 2 clove garlic
- 1 teaspoon salt
- 1 1/2 tablespoon <u>lemon juice</u>
- 1 teaspoon <u>cumin</u>, <u>ground</u>
- 1/4 cup olive oil
- 1/4 teaspoon paprika

Instructions

- 1. Combine all ingredients in a blender or food processor and blend until smooth. Add more olive oil if it's too thick.
- 2. To make it look like a pumpkin, make a green stem using snap peas, cucumbers, lettuce or any other green veggie. Serve with crackers and vegetable!



Owl Yogurt Bowl

Serve up an extra fun breakfast for kids with these cute owl yogurt bowls. They're really easy to make from simple healthy ingredients and are sure to impress your little one!

Prep Time	Cook Time	0 mins	Total Time
5 mins	0 mins		5 mins

Course: Breakfast Cuisine: British, Vegetarian Servings: 1 person

Calories: 159kcal Author: Grace Hall



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Ingredients

- 150 g organic natural yogurt
- 1 tsp honey optional
- ¼ small apple
- 1 red grape
- Small handful organic cornflakes

Instructions

- 1. Mix the yogurt with the honey (if using)
- 2. Spoon the yogurt into a small bowl, then smooth down the top with the back of the spoon.
- 3. Prepare the apple; cut two slices for the wings, use a small circle cutter to cut two circles of apple for the eyes and cut a triangle of apple for the beak.
- 4. Carefully place the apple shapes on top of the yogurt to form the owl.
- 5. Cut the grape in half and place one half on top of each apple circle for the eyes.
- 6. Arrange the cornflakes between the apple wings to form the owl's tummy feathers.
- 7. Serve immediately.

Nutrition

Calories: 159kcal