



# Child Development Dayhomes February 2026 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

## Congratulations!

To the following dayhome educators celebrating their anniversaries  
with Child Development Dayhomes in the month of February

Yolanda Mahecha	15 years	Catherine Kornberger	4 years
Monika Kohli	7 years	Nidhi Dhir	4 years
Hasti Mohammadkhani	6 years	Aruni Wickramasuriya	3 years
Shamim Yasin	6 years	Alelie Perea Api	2 years
Danielle Hachey	5 years	Dharitri (Chinu) Hota	2 years
Sathirni Wickramasinghe	5 years	Sharanya (Chaarur) Kandy	2 years



## Upcoming Statutory Holidays

(Dayhomes and office are closed)

**Family Day:** February 16, 2026

**Good Friday:** April 3, 2026

**Easter Monday:** April 6, 2026



## T4 Tax Slips

Educators' T4s have been emailed. If you haven't received yours, please check your junk folder. If it's not there, reach out to your Admin contact for assistance.

## Congratulations ECE Graduate!

Congratulations to Mahira Zeeshan for obtaining her diploma in Early Learning and Child Care from Northern Lakes College!

## Welcome New Educators!

[Neetu](#) in Hamptons  
[Kehinde](#) in Glenridding

## Attendance Records Due:

**Wednesday, February 18 by 6:00pm**

Dayhome Educators, please ensure all the times for the month have been entered on TimeSavr.

## CDDH Surveys

Let us know how we are doing!  
Click the links below.

▶ **Family Survey**

▶ **Educator Survey**





## Community Events

### ► Fire and Ice Festival

**Date:** February 16, 2026

**Time:** Noon - 4:00pm

**Location:** Lacombe Lake Park

**Website:** [Link](#)



Event highlights: Kids firefighter obstacle course, Petting zoo from Finnegan Farms, Fun crafts with Home Depot, Sleigh rides, Frozen maple syrup, Ice carver and fire dancer, Food and refreshments from Save-On-Foods and Tim Hortons, AND MUCH, MUCH MORE!

### ► Belmead Winter Carnival

**Date:** February 14, 2026

**Time:** Noon - 5:00pm

**Location:** Belmead Community League

**Address:** 9109 182 St NW

**Cost:** Free

**Facebook:** [Link](#)



Event highlights: Free food, fun games for all ages, an indoor movie to warm up and relax, ice skating and shinny hockey - skates and helmets are available to borrow, free family photos.

### ► Lunar New Year Events

#### Kingsway Lunar New Year Festival

**Date:** February 14, 2026 from 11:00 to 5:00pm

**Location:** 109 St & Kingsway

**Website:** [Link](#)

#### WEM Lunar New Year Extravaganza

**Date:** Feb. 7, 2026 at 10:00am to Feb. 8 at 6:00pm.

**Location:** Ice Palace at WEM (170 St and 87 Ave)

**Website:** [Link](#)



#### Vietnamese Tet Lunar New Year Festival and Concert

**Date:** February 7, 2026

**Location:** The Villa by Nerval (9311 48 St NW)

**Website:** [Link](#)



## Recipe Ideas

### ▶ **Fruit Pizza**

See page 5

### ▶ **Valentine's Breakfast Ideas**

Recipe [Link](#)



## Activity Ideas

### ▶ **Black History Month**

Website: [Link](#)



### ▶ **Winter Sensory Bin Ideas**

Website: [Link](#)

### ▶ **Pink Shirt Day**

Website: [Link](#)



## Flight Focus: Designing Learning Environments

### **Educator Role: Intentionality & Reflection**

- Observe how children use materials
- Add or adjust materials to extend learning
- Reflect on how the environment supports dispositions such as curiosity, persistence, creativity, and collaboration
- Invite children to help design and care for the environment







## Learning Story

### ► Floating Seahorse Experiment

#### Komal's Dayhome

The children enjoy learning science in a fun and hands-on way, so we decided to do a simple science experiment together. I provided each child with a clear bottle filled with water, a paper clip, and a plastic straw that I had already cut. I helped them glue eyes onto their straw seahorses, letting each child choose their favorite eye color.

Bea and Amelia used paper clips as tails for the seahorses and also helped the younger children attach the tails to the straw heads. This encouraged teamwork and kindness.

Once everyone was finished, the children carefully placed their seahorses into the bottles and closed the lids tightly. When they squeezed the bottles, the seahorses moved down. When they released the squeeze and the pressure returned to normal, the seahorses floated back up.

Through this experiment, the children learned about air pressure, floating and sinking, and how squeezing the bottle changes what happens in the water. They were excited to see science come to life in such a fun way.

Watch the [floating seahorse experiment \(28 seconds\)](#)





# From Scratch Fruit Pizza Dessert Recipe

Delicious totally from scratch fruit pizza recipe that can also be gluten free!

<b>Course</b>	Dessert
<b>Cuisine</b>	American
<b>Keyword</b>	from scratch fruit pizza recipe

**Prep Time** 15 minutes

**Cook Time** 20 minutes

## Ingredients

- 1/2 cup brown rice flour + 1/2 cup coconut flour or 1 cup flour of your choice
- 1 teaspoon baking powder
- 1 Tablespoon sugar
- pinch of salt
- 1 egg
- 1/2 cup plain yogurt I used 1/2 cup thickened kefir
- 3/4 cup melted butter
- 1/4 cup water
- 12 ounces cream cheese
- 1 tablespoon sugar
- 1 tablespoon vanilla extract

## Instructions

1. Mix the wet/dry ingredients together until well incorporated.
2. In a 9 x 13 pan, place the mixture and pat it smooth into the pan. I usually wet my hands with plain water to get it patted into the pan. Bake the crust mixture for 20 minutes at 350 degrees. Allow the crust to cool.
3. While the crust is baking, remove 12 ounces of cream cheese from your refrigerator and allow it to soften to room temperature, in a small mixing bowl.
4. Add to the cream cheese: 1 T vanilla and 1 T sugar.
5. Mix together this mixture until it is smooth ( it should be soft, like a creamy frosting)
6. Spread this mixture over the cooled crust.
7. Cut strawberries into small pieces (or other fruit or combination of fruits). Place fruit on top of cream cheese layer and press down slightly. Cut into squares. Can be eaten right away or placed in refrigerator until needed.