



# Child Development Dayhomes

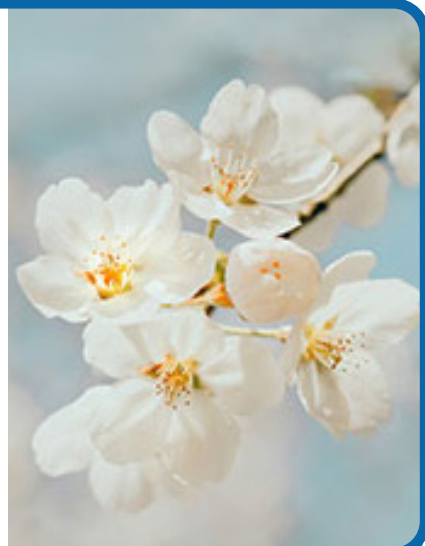
## October 2026 Newsletter

Information for Dayhome Educators and Families in Edmonton and Area

### Congratulations!

To the following dayhome educators celebrating their anniversaries  
with Child Development Dayhomes in the month of October

|                       |          |                      |         |
|-----------------------|----------|----------------------|---------|
| Shaila Zulfqar        | 13 years | Nazia Akhtar         | 7 years |
| Omnia Elghamrawy      | 11 years | Maris Cortes Minotta | 7 years |
| Nazia Shahid          | 11 years | Regina Torres        | 7 years |
| Rema Barut            | 10 years | Monica Borhade       | 5 years |
| Cherryl Quiming Brine | 9 years  | Sumaira Chandio      | 5 years |
| Mishaal Paracha       | 8 years  | Ravinder Kaur        | 4 years |
| Anousha Bundhooa      | 8 years  | Marites Ramirez      | 4 years |



### Welcome New Educator

[Sungmi Cha](#) in Keswick

### CDDH Surveys

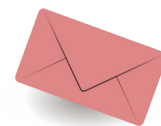
Let us know how we are doing!  
Click the links below.



**Family Survey**



**Educator Survey**



### Follow us on Social Media



### Attendance Records Due:

**Thursday, October 22 by 6:00pm**

Dayhome Educators, please ensure all the times  
for the month have been entered on TimeSavr.

### Upcoming Statutory Holidays

(Dayhomes and office are closed)

**Thanksgiving Day:** Oct. 12, 2026

**Remembrance Day:** Nov. 11, 2026

**Christmas Day:** Dec. 25, 2026

**Boxing Day (in lieu):** Dec. 28, 2026



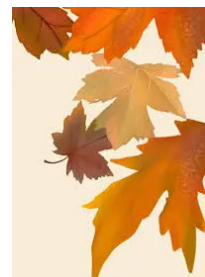


## Community Events

### ▶ The Ultimate Fall Family Guide Edmonton 2026

Corn maze, explore River Valley, visit Alberta Botanic Garden, Pumpkin Patch, Halloween fun, Prairie Gardens, Muttart Conservatory, create your own fall family day, and more!

Website: [Link](#)



### ▶ Accessible Trick or Treating

Pledge your Home, Nominate a Street, Get a Lawn Sign, How to Treat Accessibly at Home, and more!

Website: [Link](#)



### ▶ Halloween Haunt in St. Albert

**Date:** Saturday, October 17, 2026

**Time:** 1:00pm - 4:00pm

**Location:** Servus Credit Union Place

Website: [Link](#)



### ▶ Fall Fest in Spruce Grove

**Date:** Saturday, October 24, 2026

**Time:** 11:00am - 3:00pm

**Location:** Columbus Park, Spruce Grove

Website: [Link](#)



### ▶ Women's History Month

October is Women's History Month in Canada, a time to celebrate the women and girls whose leadership, innovation, and determination have shaped Canada's past, are driving change today, and are building a stronger future for everyone.

Website: [Link](#)





## Recipe Ideas

### ► Apple and Cheese Quesadillas

#### **Ingredients:**

- 4 tortilla wraps
- 1 apple, cored and thinly sliced
- 1 cup cheddar cheese, grated

#### **Instructions:**

- 1) Sprinkle  $\frac{1}{4}$  cup of the grated cheese on one of the tortillas.
- 2) Place half of the apple slices on top
- 3) Sprinkle with another  $\frac{1}{4}$  cup of cheese and top with another tortilla.
- 4) Heat a non stick frying pan over a medium heat. Carefully place the quesadilla in the pan and heat for 2-3 minutes.
- 5) Using a spatula, gently flip the quesadilla and cook for a further 2-3 minutes.
- 6) Remove, slice and serve.
- 7) Repeat for second quesadilla.



Source: [Healthy Little Foodies](https://www.healthylittlefoodies.com/recipe/apple-and-cheese-quesadillas/)

## Activity Ideas

### ► Autumn Leaf Activities for Children

Link: <https://playofthewild.com/2019/09/03/autumn-leaf-activities-for-children/>





## Learning Story

### ► Building, Creating and Exploring

By Kiran Younas, Dayhome Educator

During block play, I observed Shyla and Rebecca working together with great focus. When I asked them what they were doing, they proudly explained that they were making towers by joining different blocks. They carefully selected blocks of various sizes, shapes, and colors, discussing where each piece should go. As their towers grew taller, they encouraged one another and worked patiently to keep the structures balanced.

The children demonstrated creativity, cooperation, and problem-solving skills throughout their play. They experimented with different ways to connect the blocks and adjusted their designs whenever a tower became unstable. Their conversation showed that they were sharing ideas and making decisions together.

This experience supported their early engineering and construction skills while also encouraging teamwork, communication, and persistence. Shyla and Rebecca were excited to see how high they could build and proudly celebrated their completed towers.

